

SURGICAL INDICATIONS OF VHD

GUIDELINES

○ Cardiologist 가
 넘겨 주면 수술 한다 .



GUIDELINES

○ Cardiologist 가
 넘겨 주면 손해 한다.



GUIDELINES

- Guidelines on the management of valvular heart disease (version 2012)
 - The Joint Task Force on the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)
- ACC/AHA 2006 Guidelines for the Management of Patients With Valvular Heart Disease
 - A Report of the American College of Cardiology/ American Heart Association
 - Task Force on Practice Guidelines the American College of Cardiology/American Heart Association



결정 요소

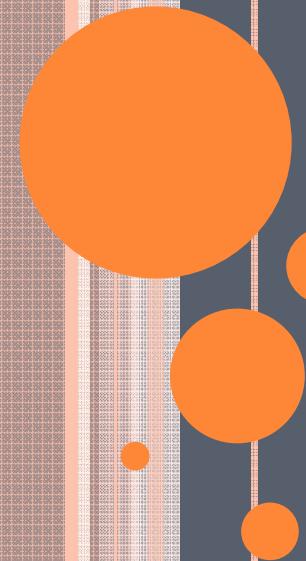
- Valve related Symptoms
- LV function
- LV dimension
- Severity by Echocardiogram
- Pulmonary HTN
- Arrhythmia, Thrombus, Embolism
- Life expendency



SEVERITY OF VALVE DISEASE - ACC/AHA(2006)

A. Left-Sided Valve Disease

Indicator	Aortic Stenosis		
	Mild	Moderate	Severe
Jet velocity (m per second)	Less than 3.0	3.0-4.0	Greater than 4.0
Mean gradient (mm Hg)*	Less than 25	25-40	Greater than 40
Valve area (cm^2)	Greater than 1.5	1.0-1.5	Less than 1.0
Valve area index ($\text{cm}^2 \text{ per } \text{m}^2$)			Less than 0.6
Mitral Stenosis			
Indicator	Mild	Moderate	Severe
	Less than 5	5-10	Greater than 10
Mean gradient (mm Hg)*	Less than 30	30-50	Greater than 50
Pulmonary artery systolic pressure (mm Hg)	Greater than 1.5	1.0-1.5	Less than 1.0
Aortic Regurgitation			
Indicator	Mild	Moderate	Severe
	1+	2+	3-4+
Angiographic grade	Central jet, width less than 25% of LVOT	Greater than mild but no signs of severe AR	Central jet, width greater than 65% LVOT
Color Doppler jet width	Less than 0.3	0.3-0.6	Greater than 0.6
Doppler vena contracta width (cm)			
Quantitative (cath or echo)			
Regurgitant volume (ml per beat)	Less than 30	30-59	Greater than or equal to 60
Regurgitant fraction (%)	Less than 30	30-49	Greater than or equal to 50
Regurgitant orifice area (cm^2)	Less than 0.10	0.10-0.29	Greater than or equal to 0.30
Additional essential criteria			
Left ventricular size			Increased
Mitral Regurgitation			
Indicator	Mild	Moderate	Severe
	1+	2+	3-4+
Angiographic grade	Small, central jet (less than 4 cm^2 or less than 20% LA area)	Signs of MR greater than mild present but no criteria for severe MR	Vena contracta width greater than 0.7 cm with large central MR jet (area greater than 40% of LA area) or with a wall-impinging jet of any size, swirling in LA
Color Doppler jet area			
Doppler vena contracta width (cm)	Less than 0.3	0.3-0.69	Greater than or equal to 0.70
Quantitative (cath or echo)			
Regurgitant volume (ml per beat)	Less than 30	30-59	Greater than or equal to 60
Regurgitant fraction (%)	Less than 30	30-49	Greater than or equal to 50
Regurgitant orifice area (cm^2)	Less than 0.20	0.2-0.39	Greater than or equal to 0.40
Additional essential criteria			
Left atrial size			Enlarged
Left ventricular size			Enlarged
B. Right-Sided Valve Disease	Characteristic		
Severe tricuspid stenosis:	Valve area less than 1.0 cm^2		
Severe tricuspid regurgitation:	Vena contracta width greater than 0.7 cm and systolic flow reversal in hepatic veins		
Severe pulmonic stenosis:	Jet velocity greater than 4 m per second or maximum gradient greater than 60 mm Hg		
Severe pulmonic regurgitation:	Color jet fills outflow tract Dense continuous wave Doppler signal with a steep deceleration slope		



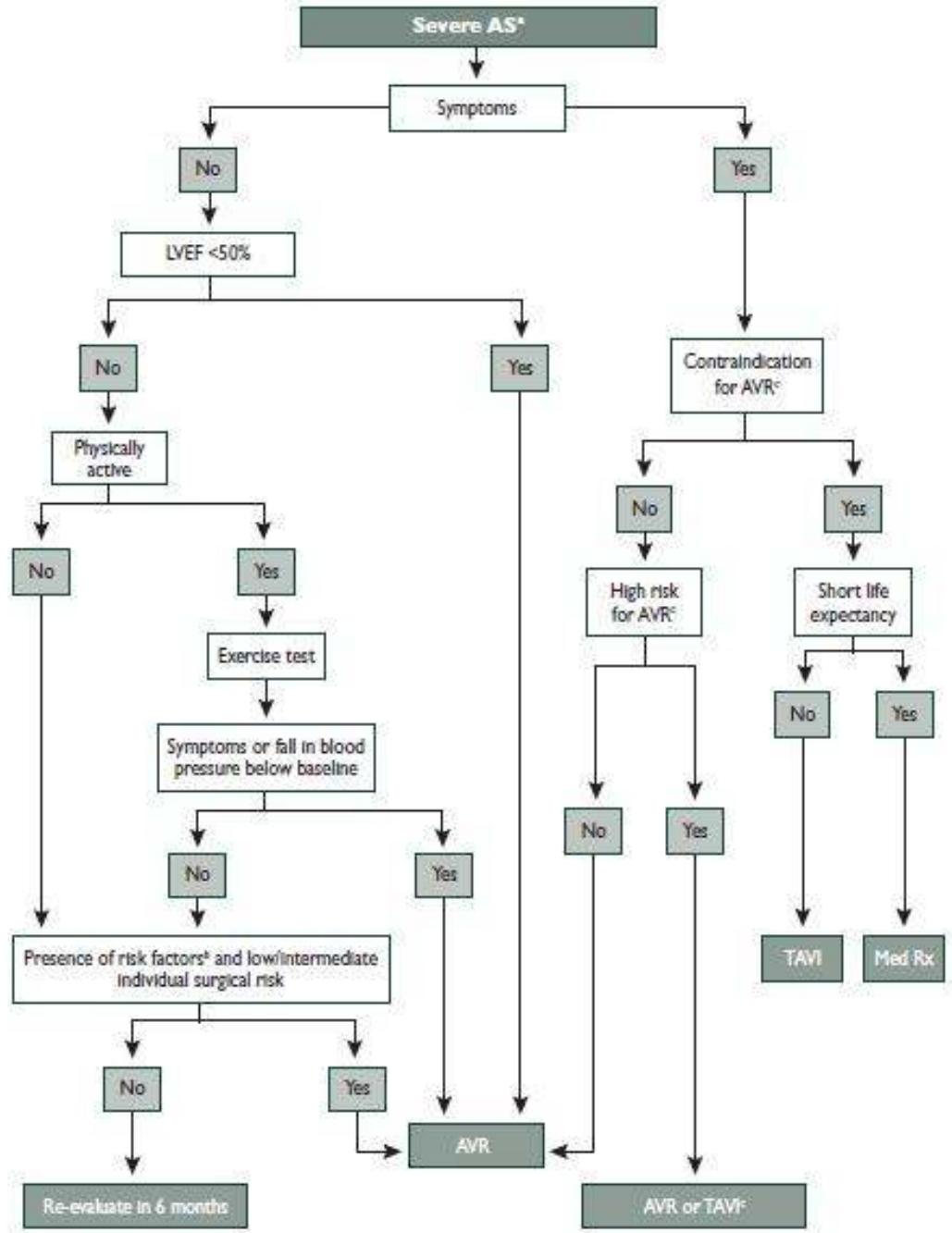
AORTIC STENOSIS

ESC & EACTS(2012)

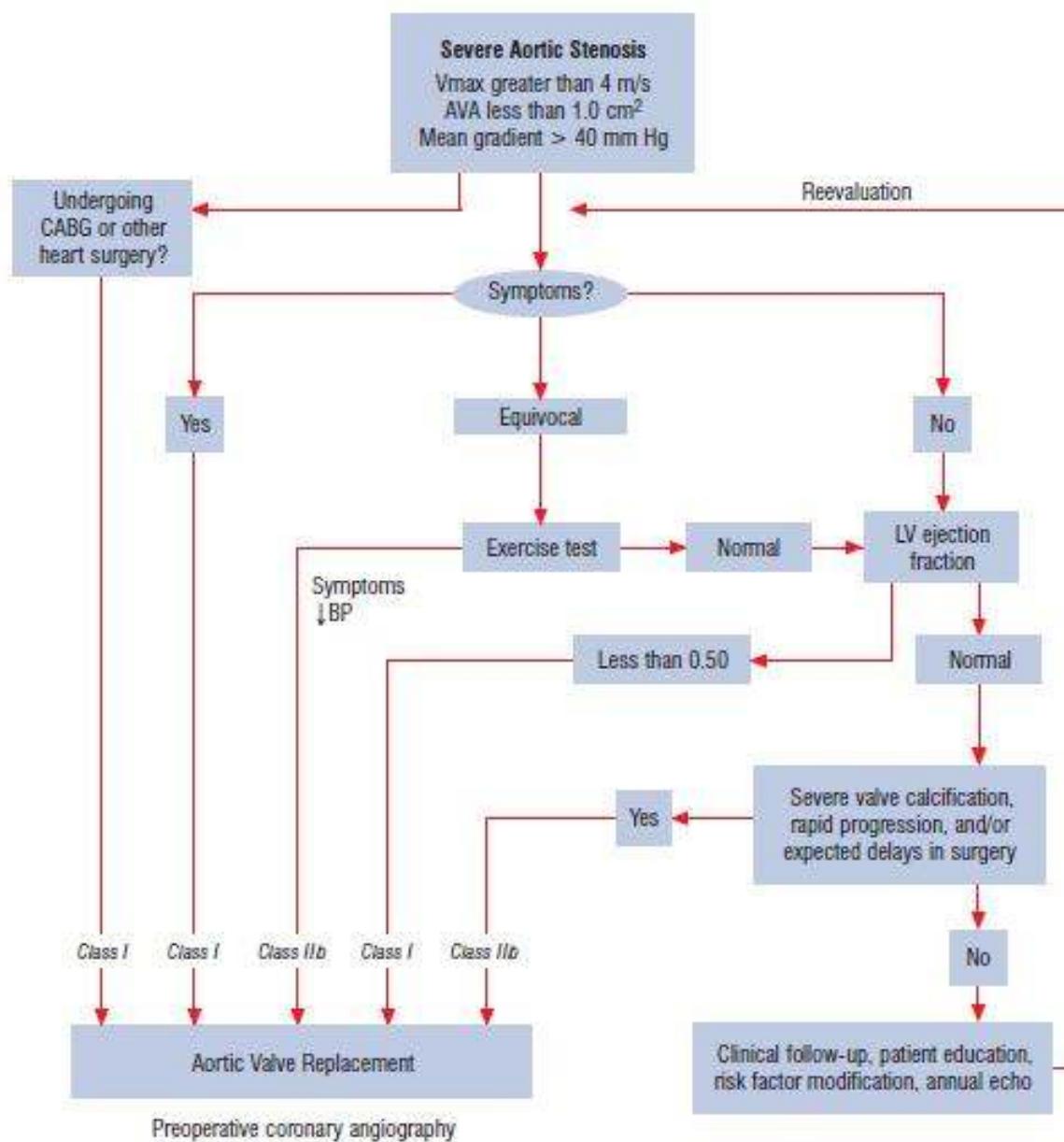
- Symptomatic AS
- CABG, AA, another valve 수술이 동반된 경우
- Asymptomatic severe AS
 - LV dysfunction(LVEF<50%)
 - Abnormal exercise test
 - Valve related Sx
 - Fall in BP
 - Increased PG >20mmHg
 - Peak transvalvular velocity >5.5m/s
 - Severe calcification
 - Excessive LV hypertrophy in the absence of HTN

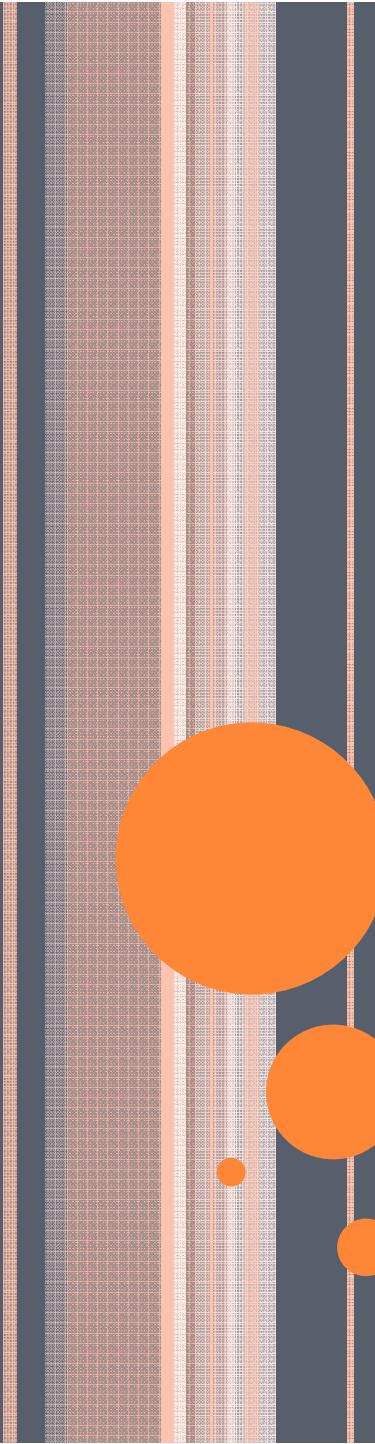


ESC & EACTS(2012)



ACC/AHA(2006)





AORTIC REGURGITATION

ESC & EACTS(2012)

	Class ^a	Level ^b	Ref ^c
A. Indications for surgery in severe aortic regurgitation			
Surgery is indicated in symptomatic patients.	I	B	59
Surgery is indicated in asymptomatic patients with resting LVEF ≤50%.	I	B	71
Surgery is indicated in patients undergoing CABG or surgery of ascending aorta, or on another valve.	I	C	
Surgery should be considered in asymptomatic patients with resting EF >50% with severe LV dilatation: LVEDD >70 mm, or LVESD >50 mm or LVESD >25 mm/m ² BSA. ^d	IIa	C	
B. Indications for surgery in aortic root disease (whatever the severity of AR)			
Surgery is indicated in patients who have aortic root disease with maximal ascending aortic diameter ^e ≥50 mm for patients with Marfan syndrome.	I	C	
Surgery should be considered in patients who have aortic root disease with maximal ascending aortic diameter: ≥45 mm for patients with Marfan syndrome with risk factors ^f ≥50 mm for patients with bicuspid valve with risk factors ^g ≥55 mm for other patients	IIa	C	

AR = aortic regurgitation; BSA = body surface area; CABG = coronary artery bypass grafting; EF = ejection fraction; LV = left ventricular; LVEDD = left ventricular end-diastolic diameter; LVESD = left ventricular end-systolic diameter.

^aClass of recommendation.

^bLevel of evidence.

^cReference(s) supporting class I (A + B) and IIa + IIb (A + B) recommendations.

^dChanges in sequential measurements should be taken into account.

^eDecision should also take into account the shape of the different parts of the aorta. Lower thresholds can be used for combining surgery on the ascending aorta for patients who have an indication for surgery on the aortic valve.

^fFamily history of aortic dissection and/or aortic size increase >2 mm/year (on repeated measurements using the same imaging technique, measured at the same aorta level with side-by-side comparison and confirmed by another technique), severe AR or mitral regurgitation, desire of pregnancy.

^gCoarctation of the aorta, systemic hypertension, family history of dissection or increase in aortic diameter >2 mm/year (on repeated measurements using the same imaging technique, measured at the same aorta level with side-by-side comparison and confirmed by another technique).

ESC & EACTS(2012)

A. Indications for surgery in severe aortic regurgitation

Surgery is indicated in symptomatic patients.

Surgery is indicated in asymptomatic patients with resting LVEF $\leq 50\%$.

Surgery is indicated in patients undergoing CABG or surgery of ascending aorta, or on another valve.

Surgery should be considered in asymptomatic patients with resting EF $> 50\%$ with severe LV dilatation:
LVEDD > 70 mm, or LVESD > 50 mm or LVESD > 25 mm/m² BSA.^d

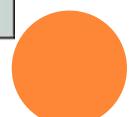
B. Indications for surgery in aortic root disease (whatever the severity of AR)

Surgery is indicated in patients who have aortic root disease with maximal ascending aortic diameter^e ≥ 50 mm for patients with Marfan syndrome.

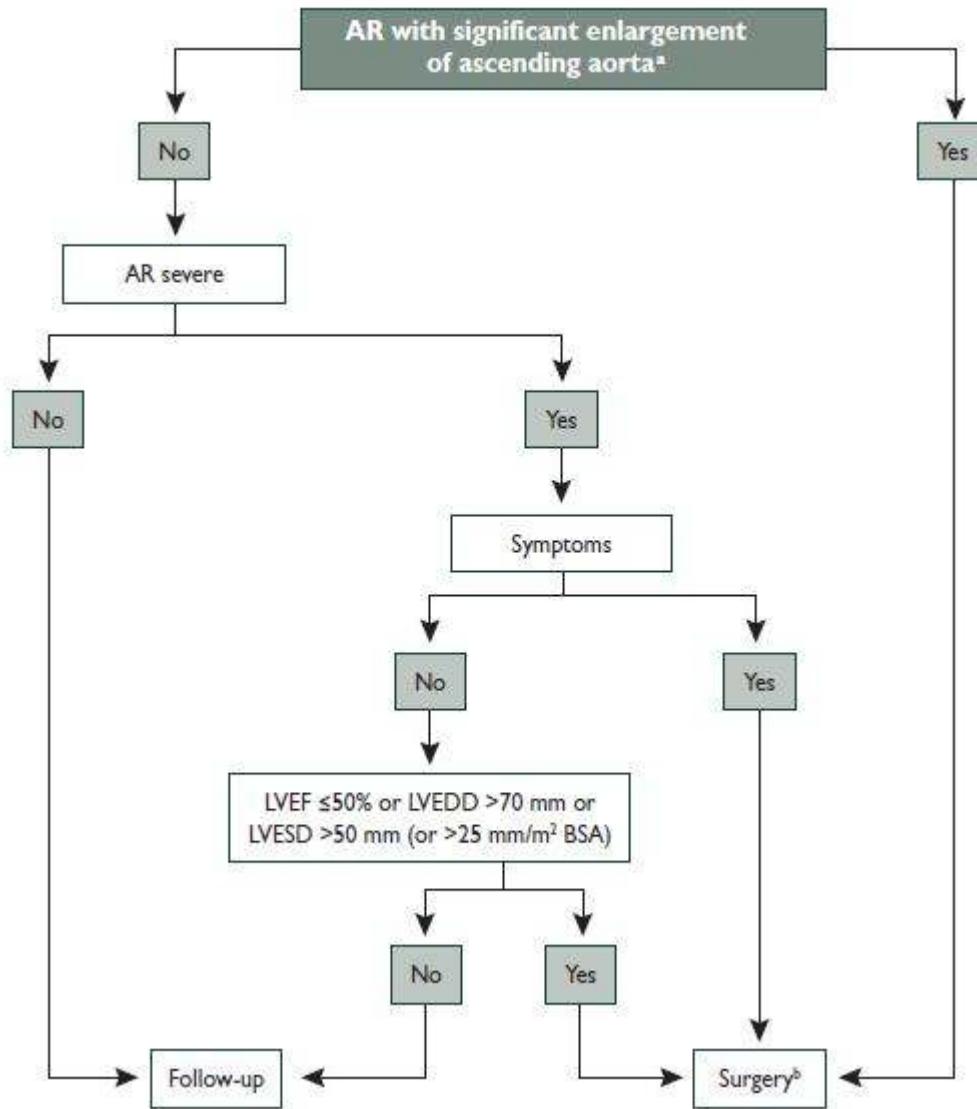
Surgery should be considered in patients who have aortic root disease with maximal ascending aortic diameter:
 ≥ 45 mm for patients with Marfan syndrome with risk factors^f

≥ 50 mm for patients with bicuspid valve with risk factors^g

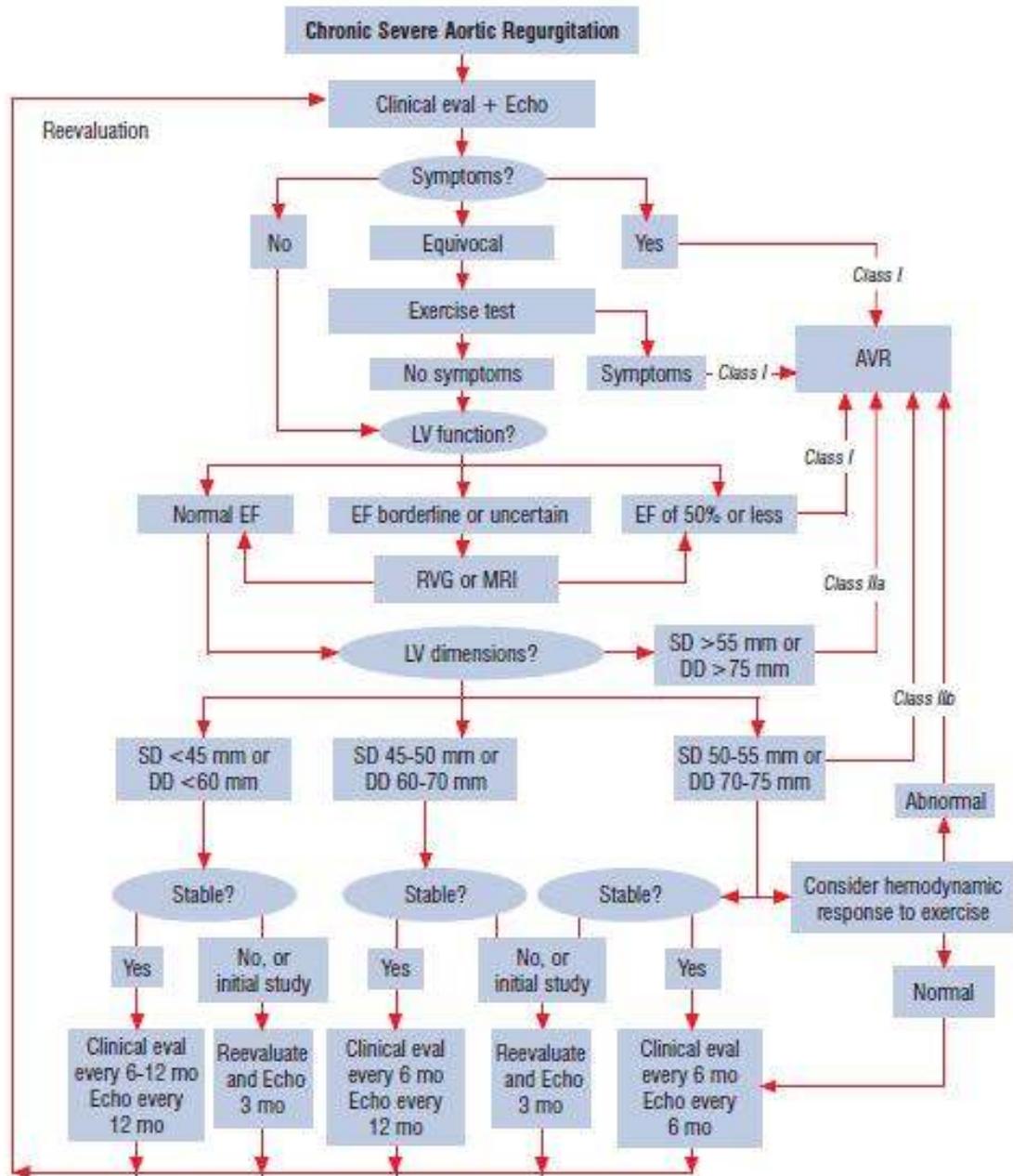
≥ 55 mm for other patients

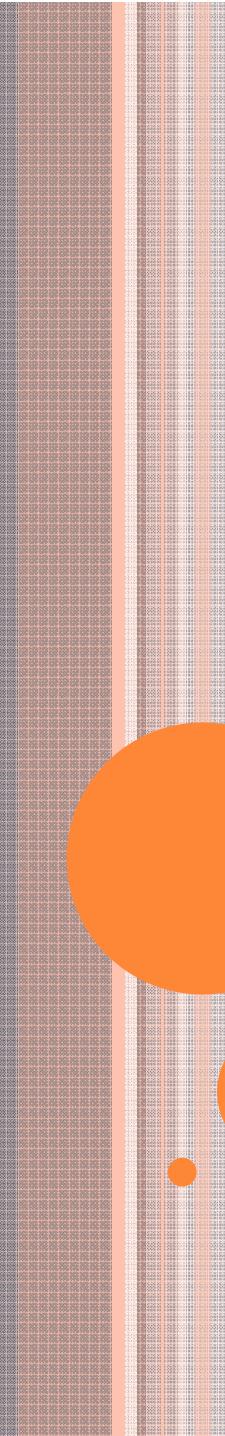


ESC & EACTS(2012)

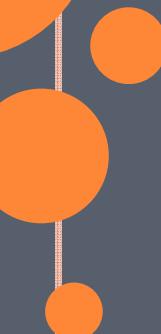


ACC/AHA(2006)





MITRAL STENOSIS

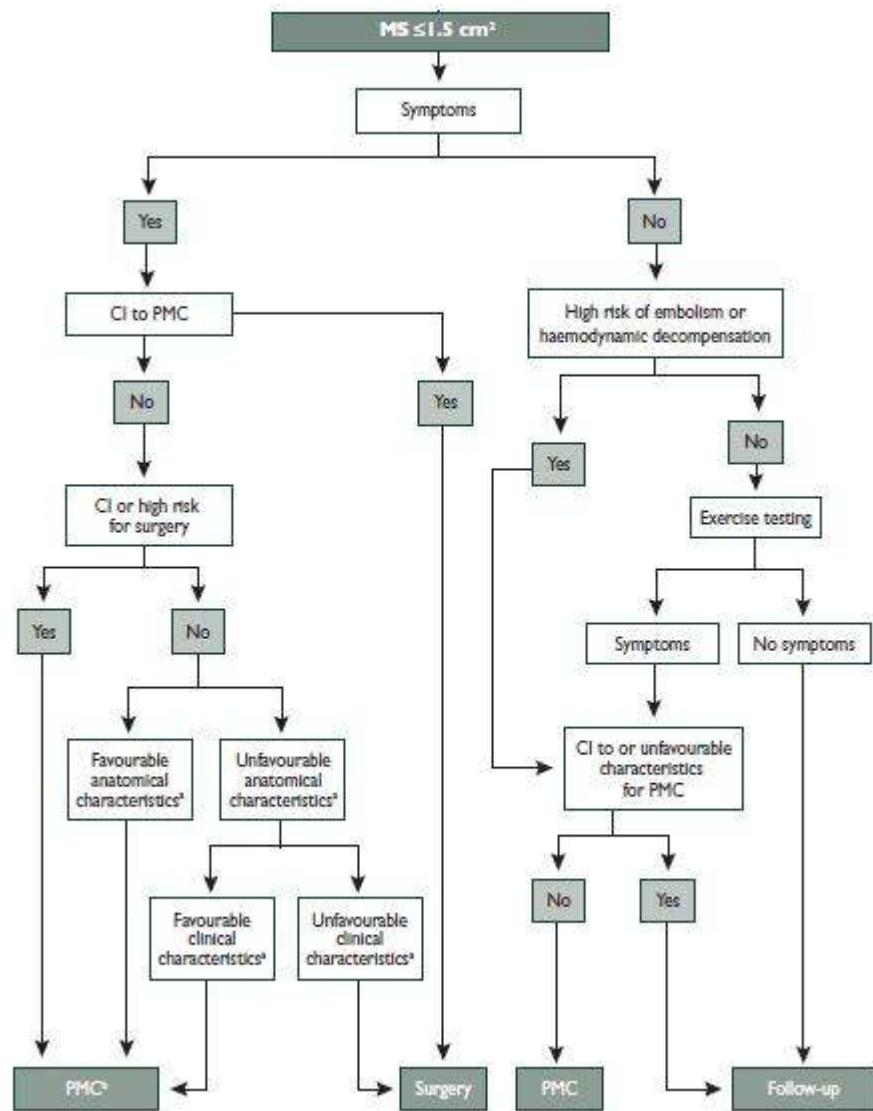


ESC & EACTS(2012)

- Clinically significant MS ($MVA < 1.5 \text{ cm}^2$)
- Symptomatic Pt.



ESC & EACTS(2012)

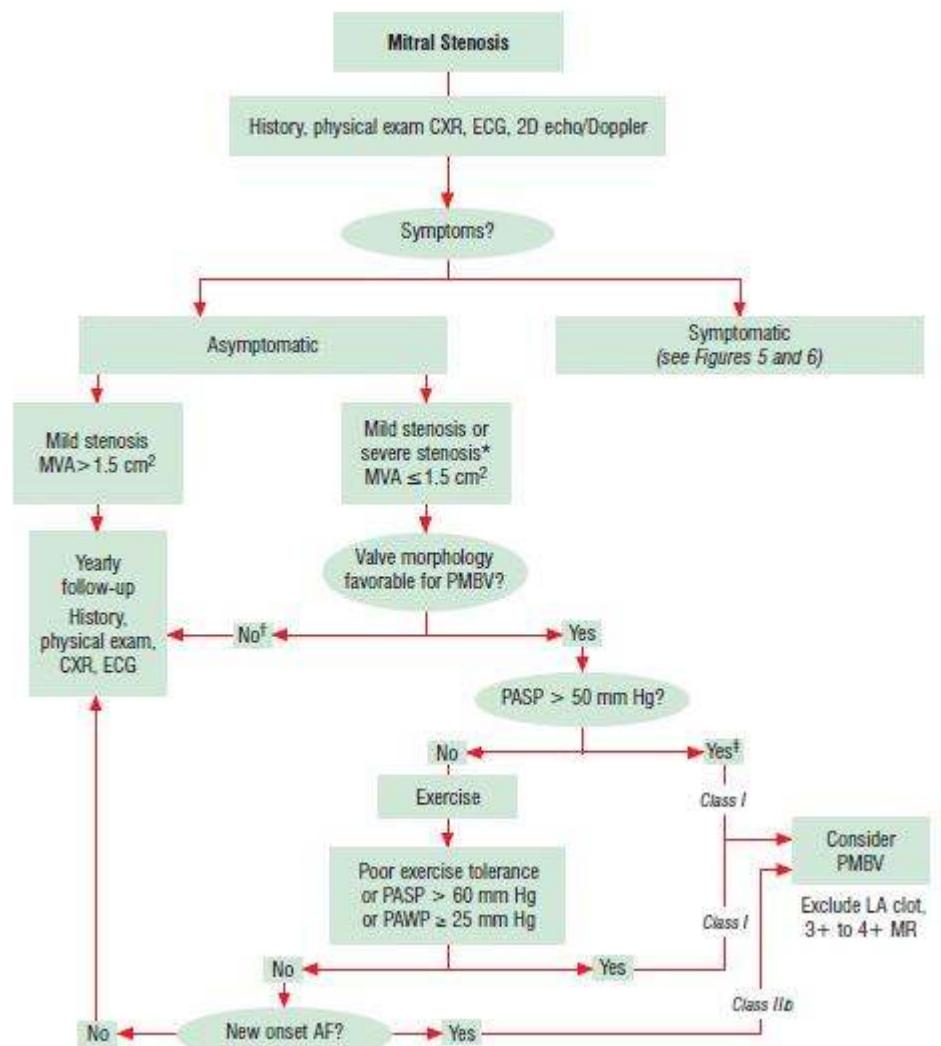


ACC/AHA(2006)

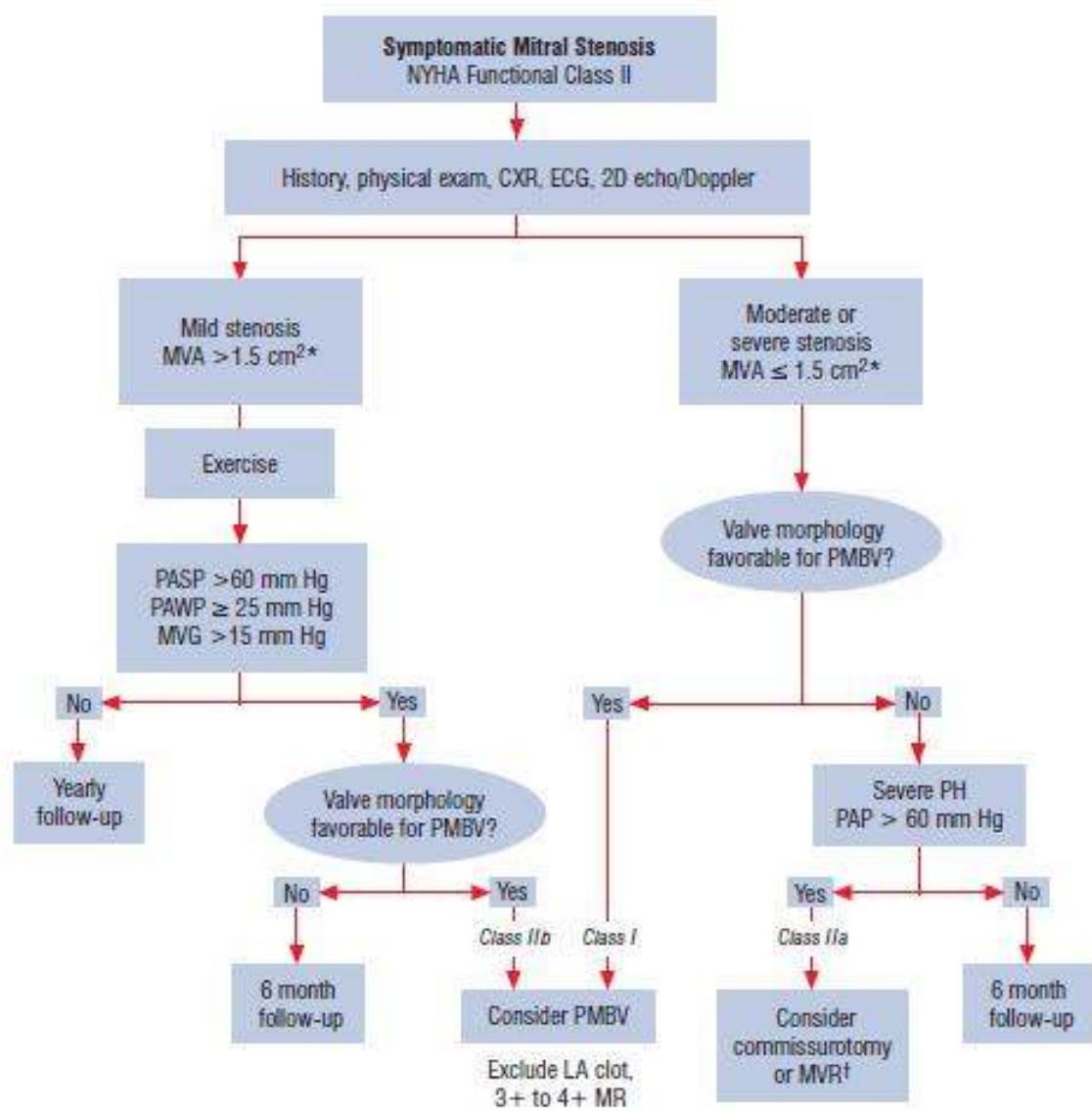
- Symptomatic (NYHA III-IV) moderate to severe MS
- Symptomatic moderate to severe MS with MR
- Severe MS and Pul HBP (PASP >60)
- Embolic event



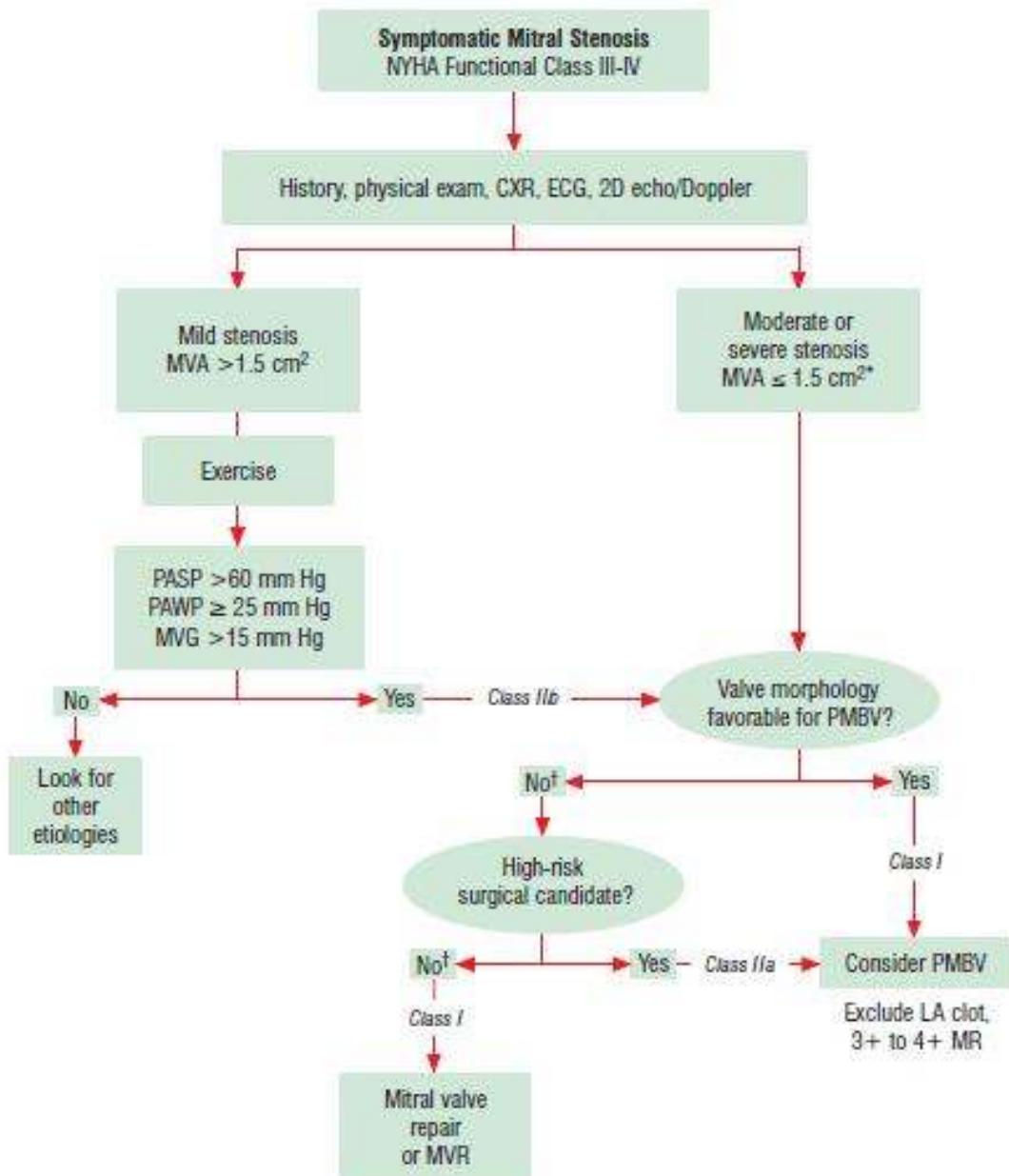
ACC/AHA(2006)

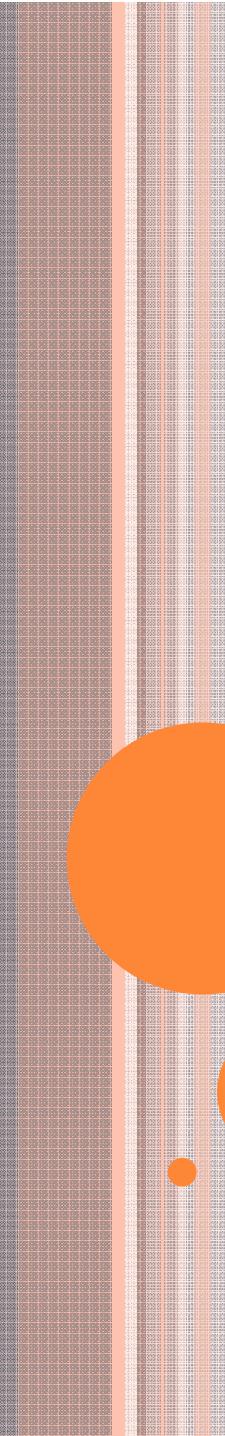


ACC/AHA(2006)



ACC/AHA(2006)





MITRAL REGURGITATION

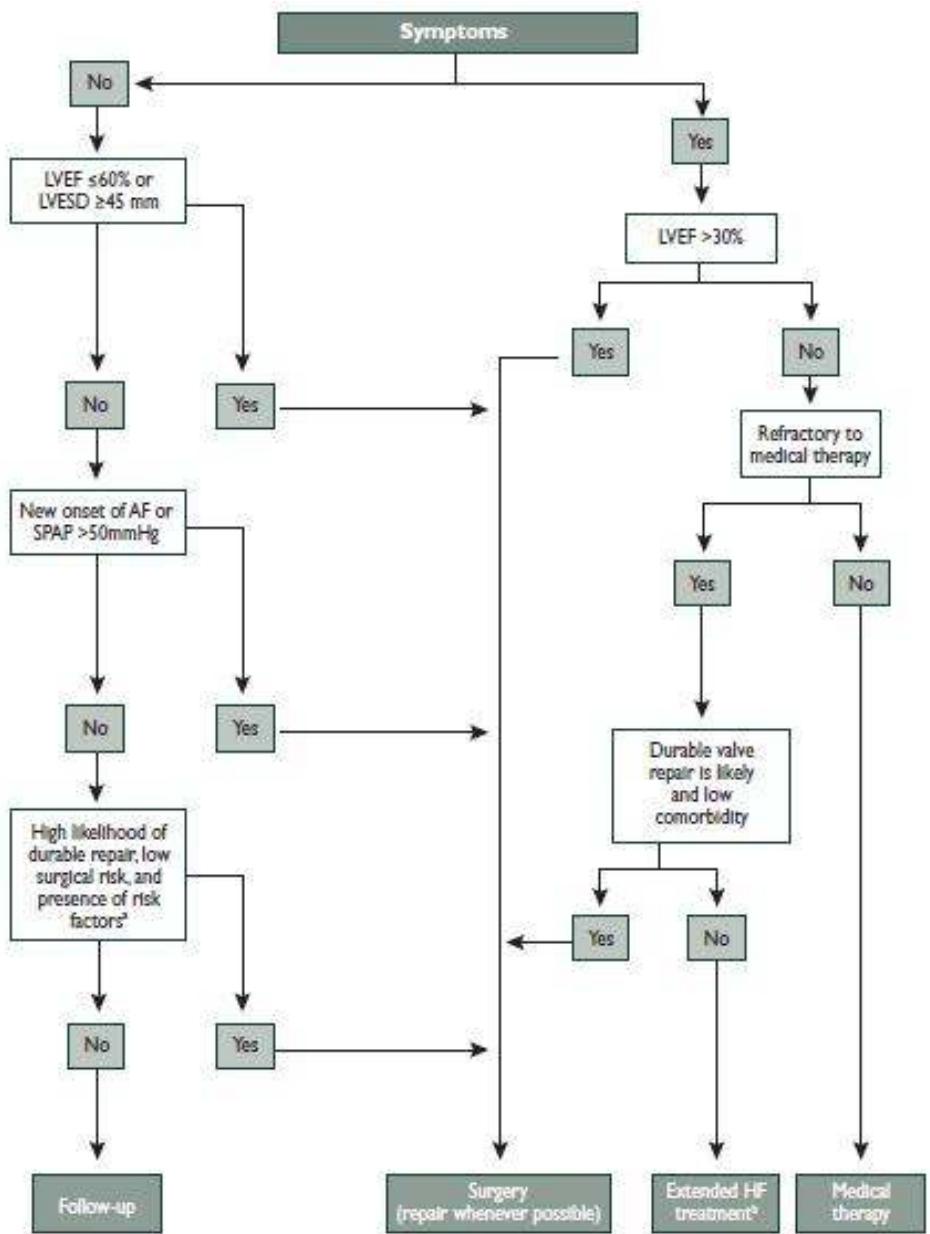


ESC & EACTS(2012)

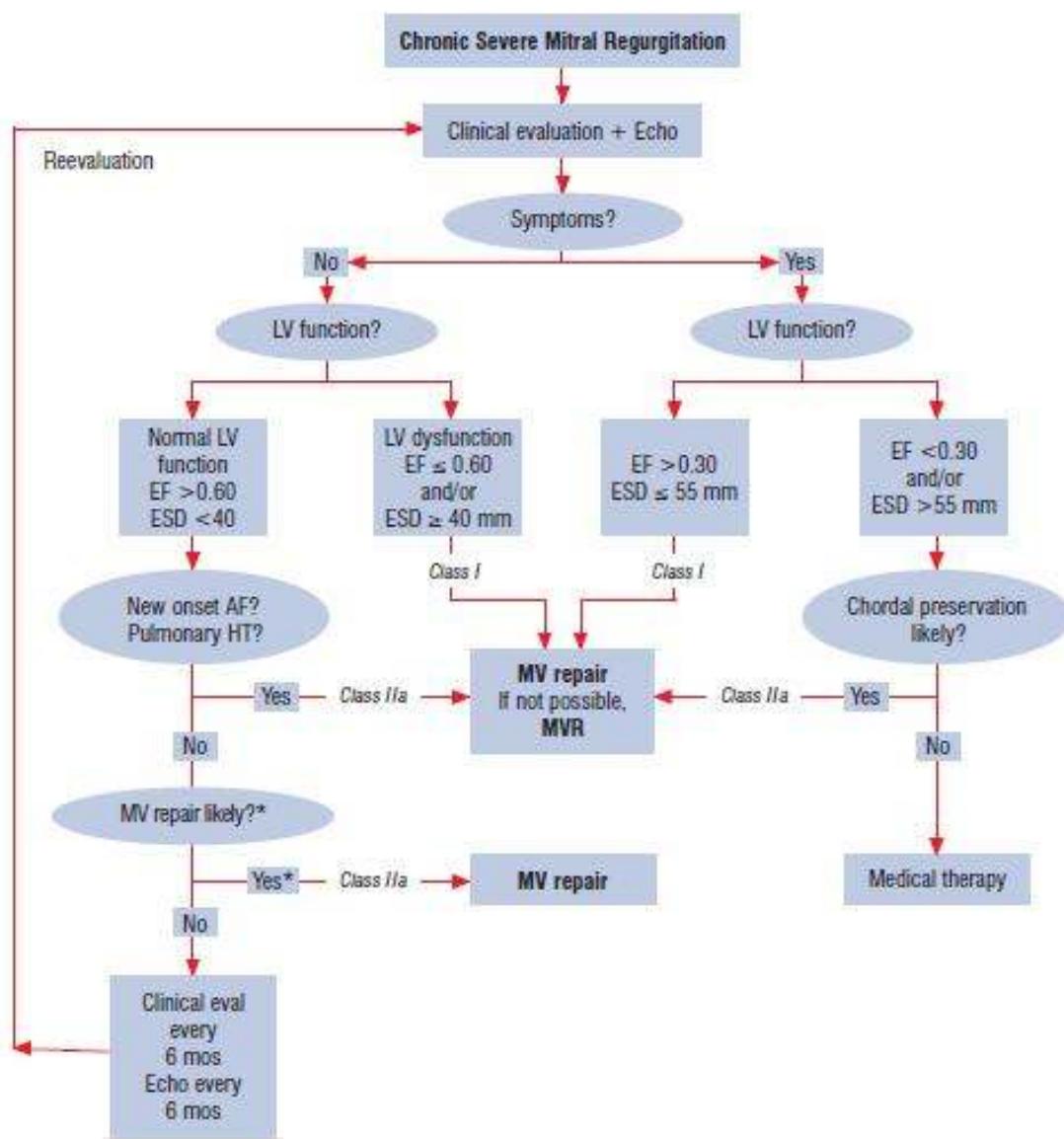
- Acute severe MR
- Symptomatic Pt. ($EF > 30\%$, $LVEDD < 55$)
- Asymptomatic Pt.
 - LV dysfunction ($LVEF < 60\%$ or $LVEDD > 45$)
 - New onset atrial fibrillation w/ normal LV function
 - Pul HBP($SPAP > 50$) w/ normal LV function
 - Pul. HBP on exercise ($SPAP > 60$)
 - Flail leaflet and $LVEDD > 40\text{mm}$ ($LVEDDI > 22$)
 - LA dilatation ($LAVI > 60\text{ml/m}^2$)

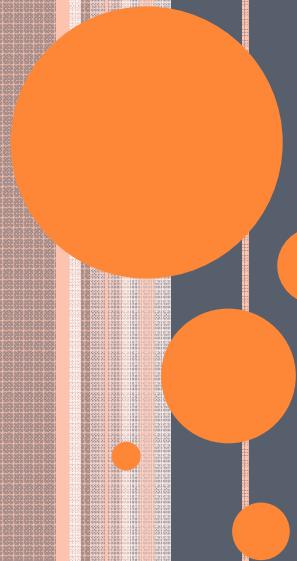


ESC & EACTS(2012)



ACC/AHA(2006)





SUMMARY

- Symptomatic Patients
- LV systolic dysfunction
- LV Dilatation
- Exercise Test
- Associated condition
 - Arrhythmia
 - Thromboembolism
 - Pul. HTN
- Acute Episode
- Op IX에 해당하는 환자는 2개월내에 수술해야 outcome이 좋다.
- Guideline에 따라 3~12개월 마다 Echo F/up 필요

Postoperative Management of VHD

가톨릭대학 성빈센트병원
조민섭

Postop Mx of Cardiac Surgery

- *Cardiovascular Mx*
- *Mediastinal bleeding*
- *Antithrombotic Tx*
- *Respiratory Care*
- *Fluid Mx*
- *Renal, Metabolic, Endocrine Mx*
- *Neurologic Mx*
- *Gastro-intestinal Mx*

Post-op Routines

- Op day & POD #1

- Wean from vasoactive medication
- Wean from ventilator and extube
- Remove S-G cath & A-line
- Get Pt. Out of bed in a chair
- Start clear liquid diet

Post-op Routines

- POD # 2

- Transfer to floor
- Remove foley cath
- Remove chest tube
- Stop antibiotics
- Get out of bed & ambulate
- Advance diet

Post-op Routines

-POD #3 ~ 5

- Continue diuresis to pre-op weight
- Advance diet to achieve satisfactory nutrition
- Increase activity level
- Plan for home services of rehabilitation
- Remove pacing wires
- Obtain predischarge Lab datas
- Perform discharge teaching

Post-op Routines

-POD #5 ~ 7

- Remove the skin sutures
- Discharge

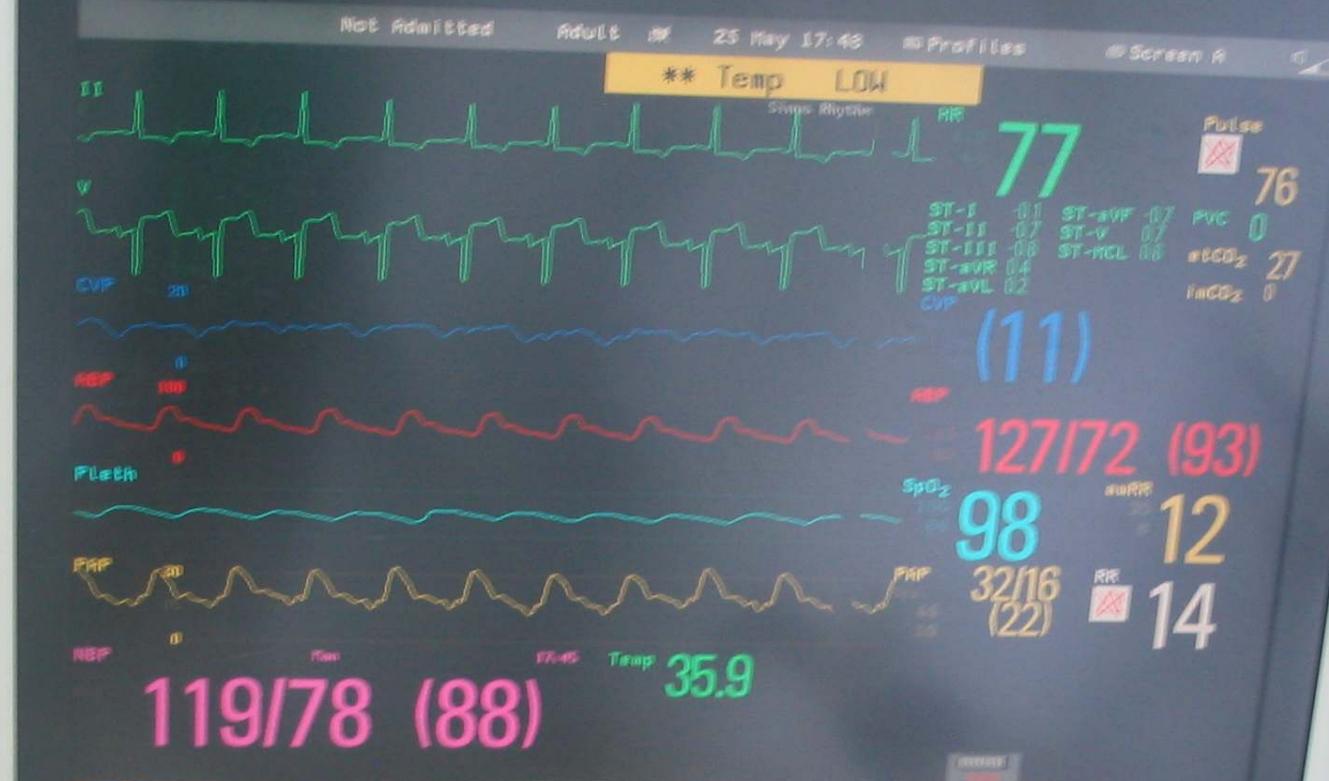
ICU admission setting

- Pressure lines. Ventilator, breathing sound, E-tube 위치, EKG
- Scan HR, Rhythm, BP
- Swan-Ganz position, check CO
- Check Bleeding, U/O, tissue perfusion
- Sampling
- Routine monitoring
 - BT, Ventilation, ABP, NIBP, CVP, PAP, SaO_2 , CO, SvO_2 , NG-tube, U/O, Bleeding, Labs

Patient Monitoring

Monitoring

- BP
- EKG
- Temperature
- Respiration
- SaO_2
- $ETCO_2$
- CVP
- PAP & PCWP
- CO & CI
- SVR & SVRI
- MvO_2
- Urine Output
- Ventilator
- IABP
- ECMO
- Pacemaker



PHILIPS

CO

RECORDER

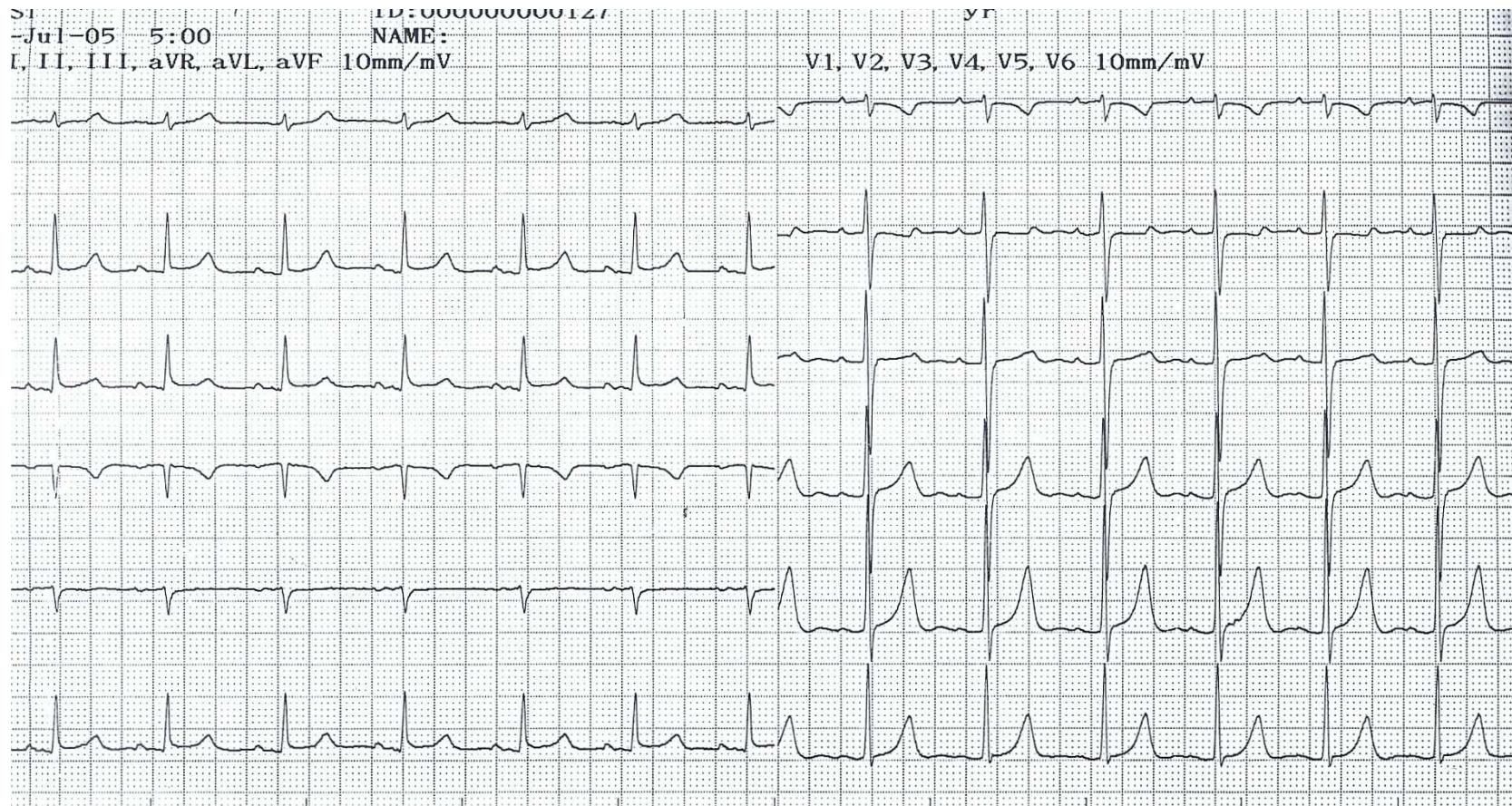
EKG & AEG

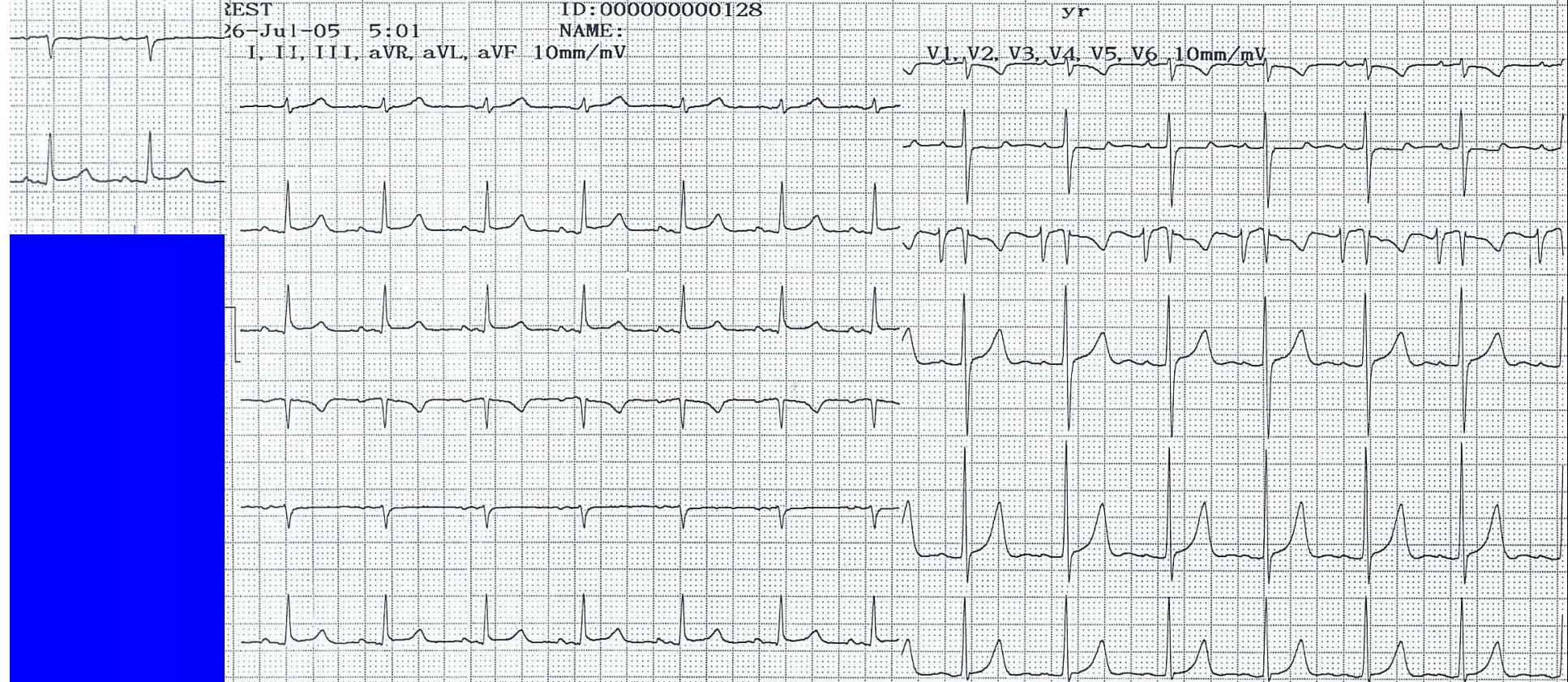
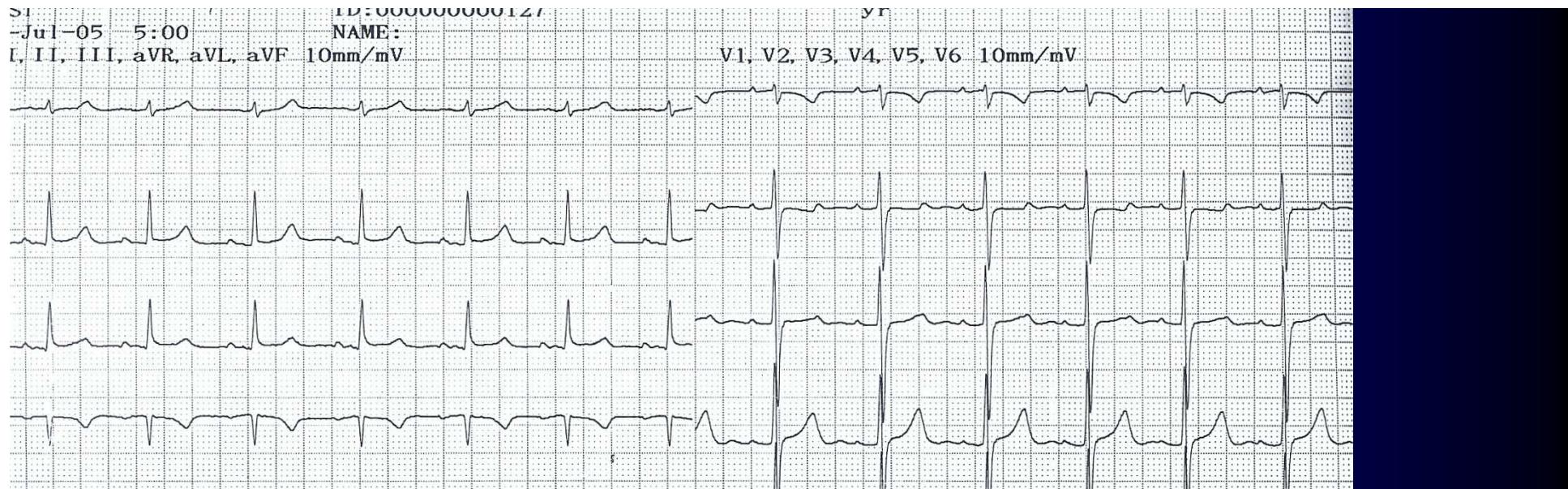
□ EKG

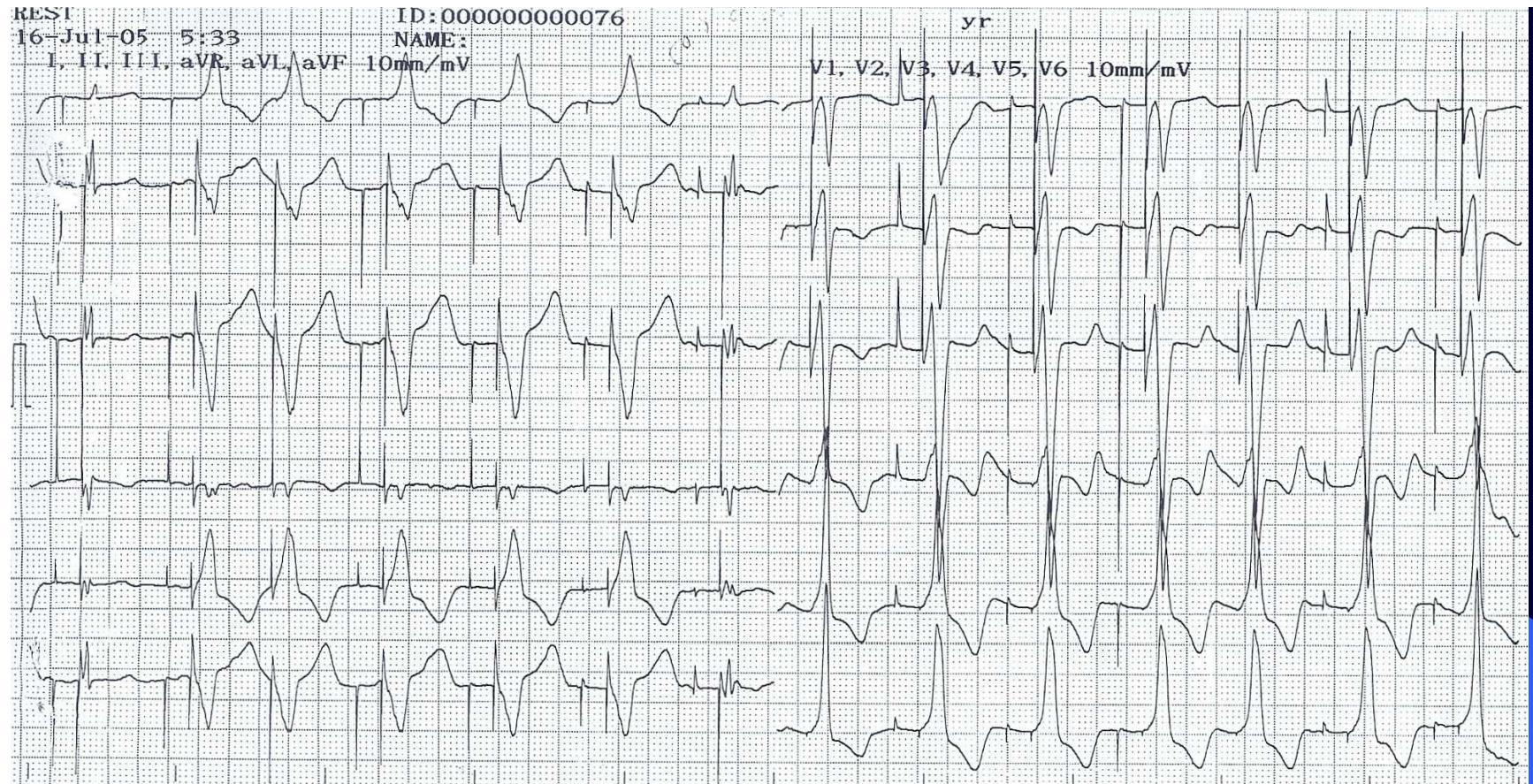
- Rhythm
- Wave form

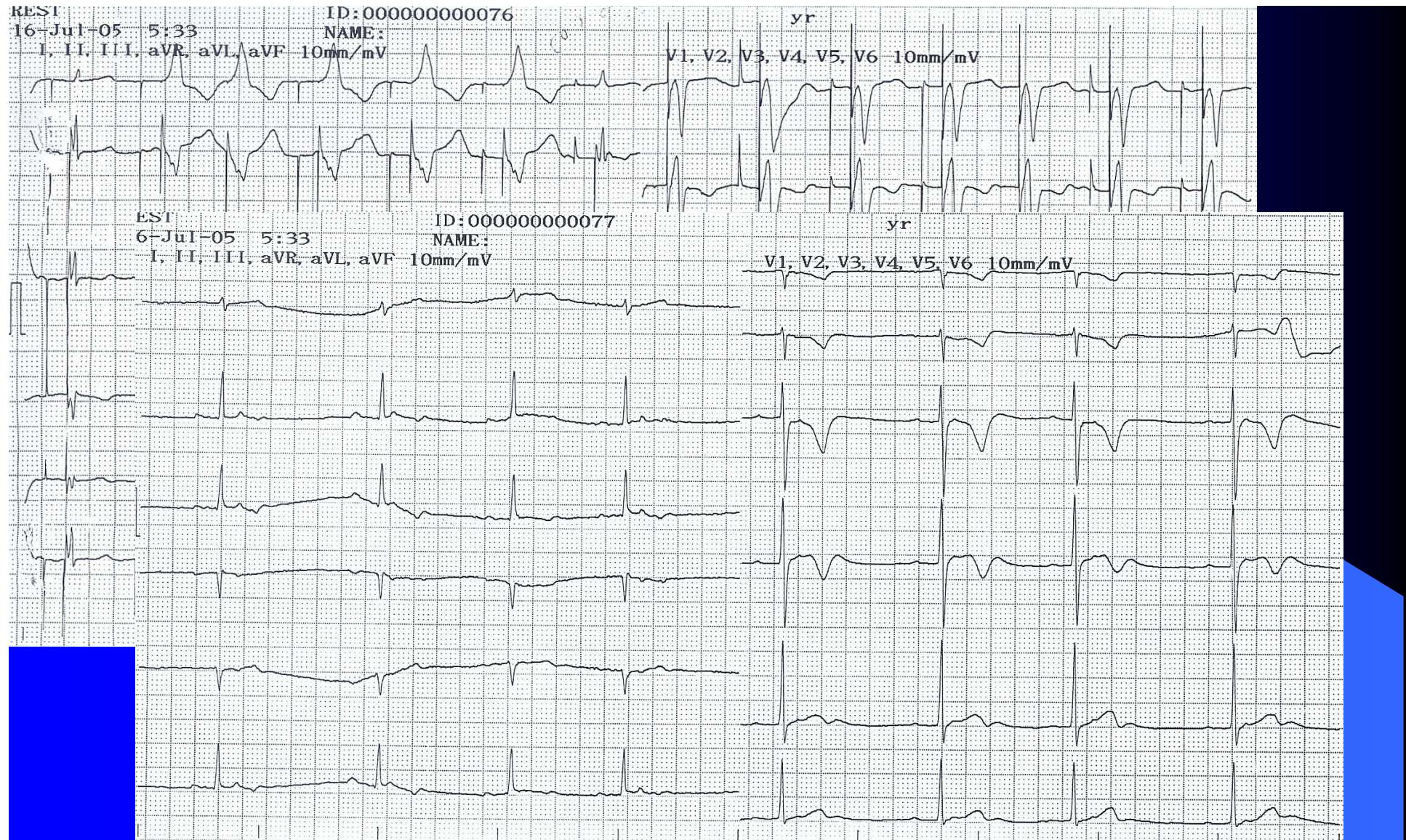
□ AEG

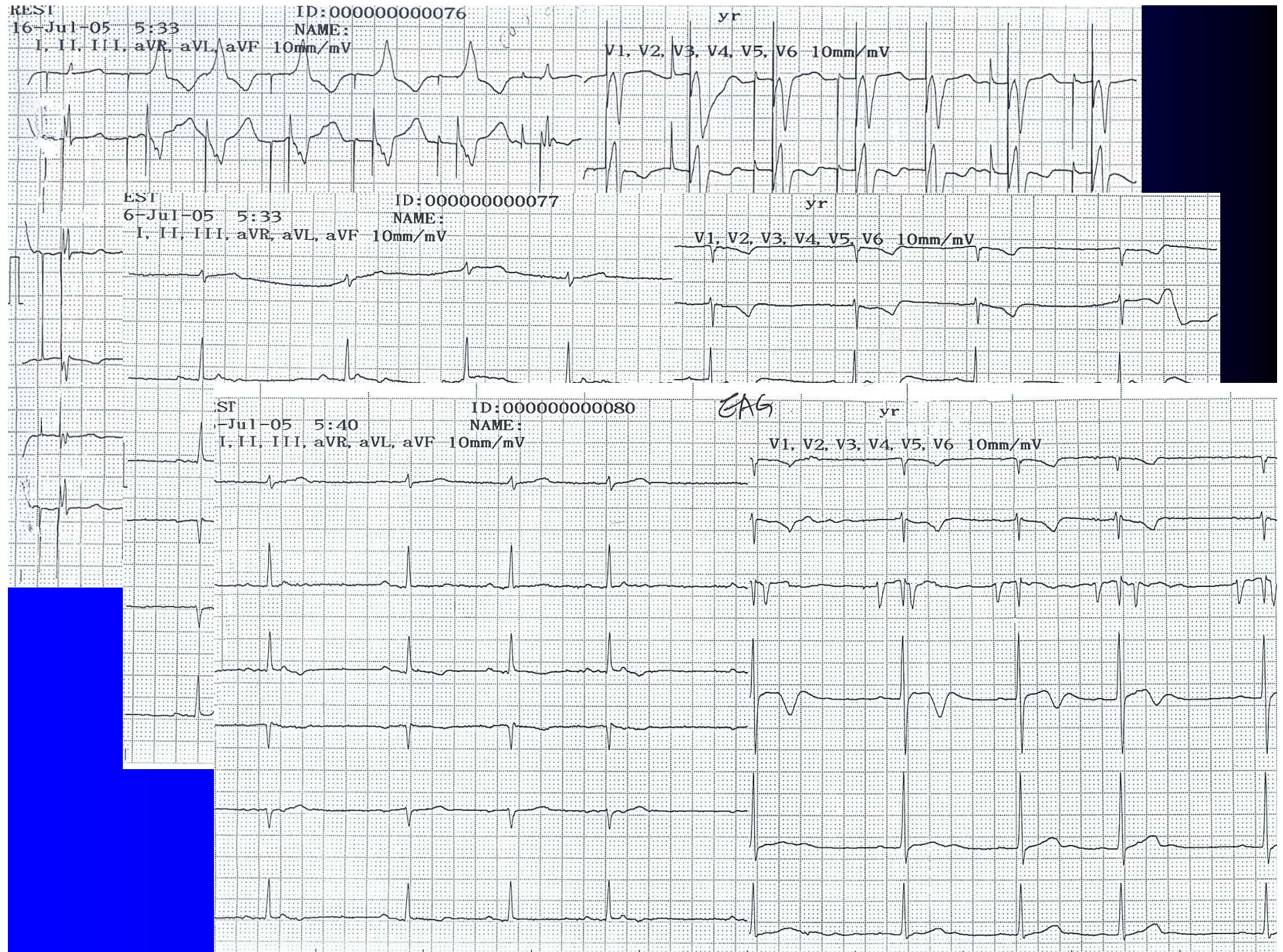
- Precordial lead 중 하나를 Atrial pacing wire 와 연결하여 기록
- Atrial contraction 여부 관찰
(P-wave의 유무 관찰)

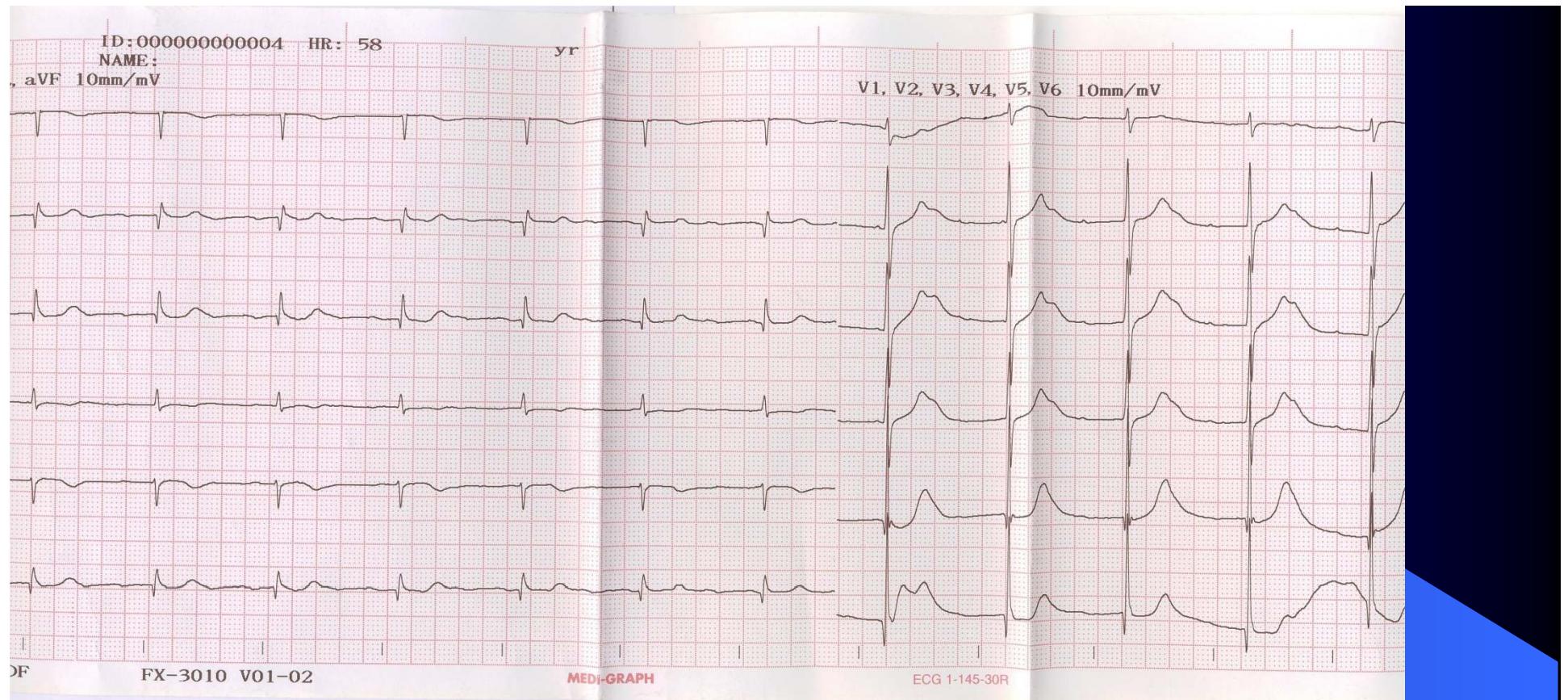


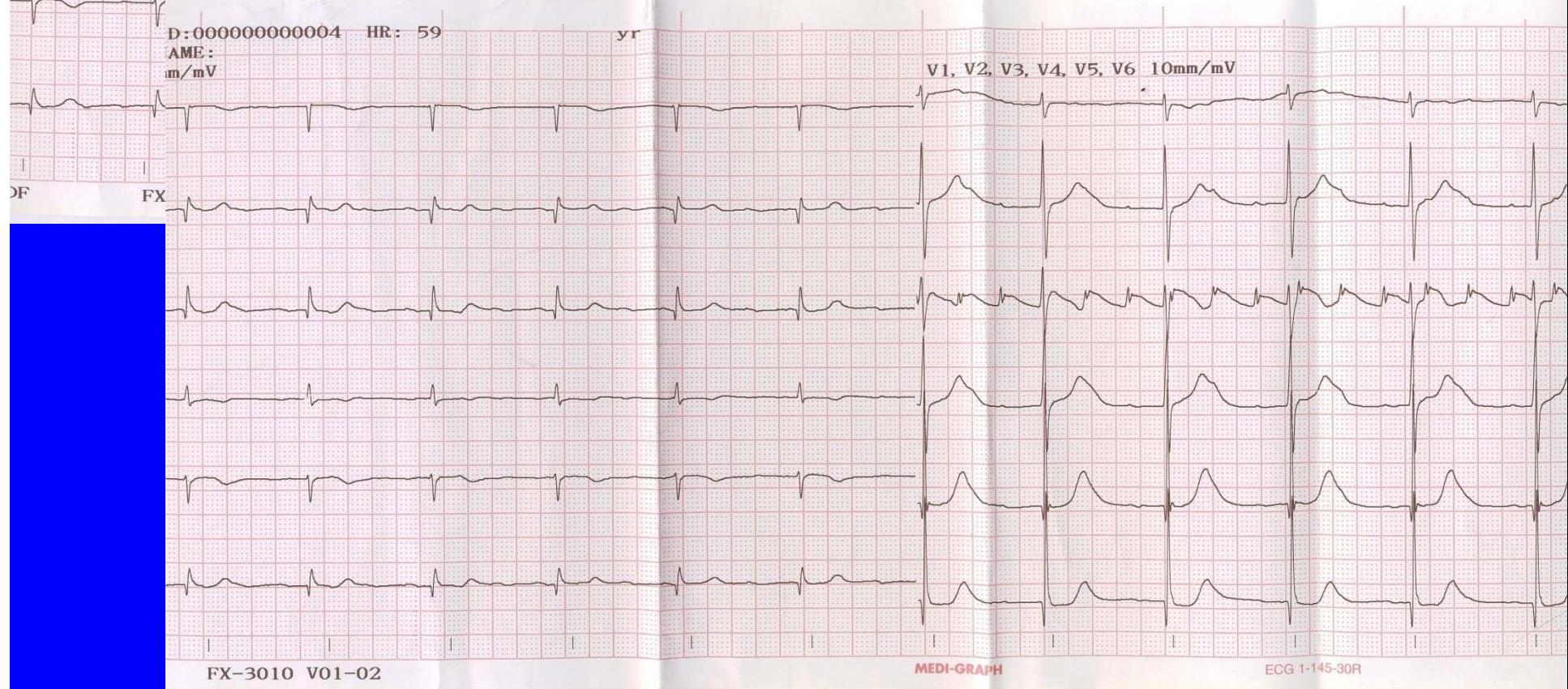
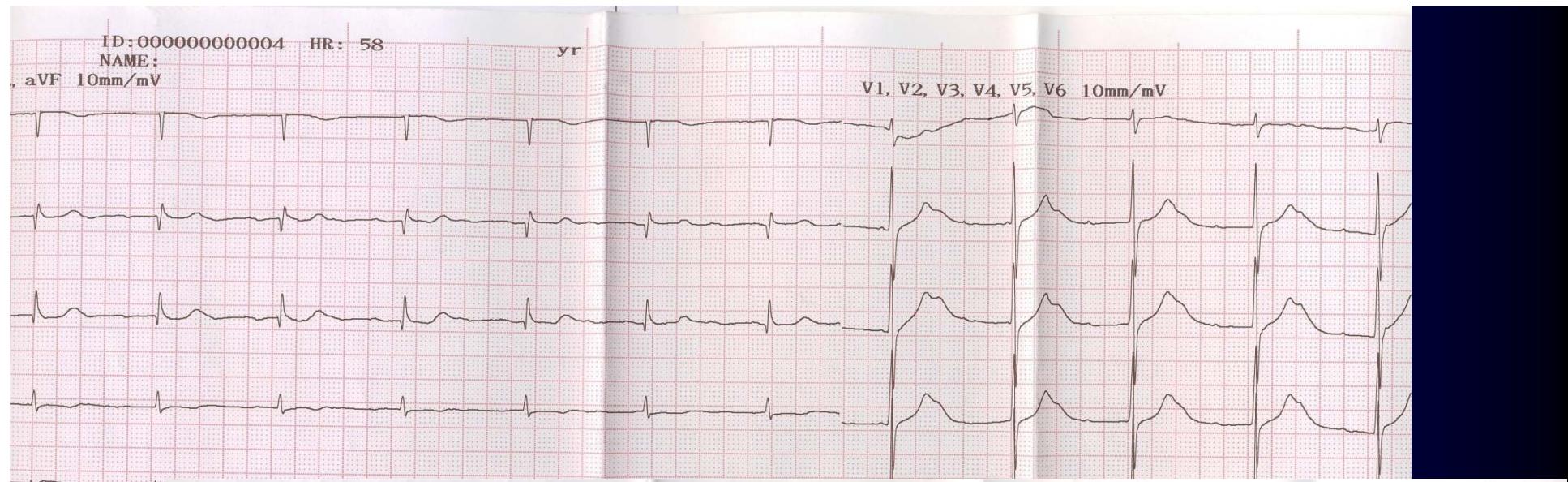












Pathophysiology of AS

- ↑ LV systolic pr
 - LV wall stress
 - LV 탄성감소
 - LVH
 - LV failure
- Hypertrophied, Noncompliant LV
- Stiff unable to fill
 - Reduce stroke volume
 - LCO

Post-op Mx of AS

- AV synchrononcy
 - Pacing, Cardioversion, Med
 - Maintain atrial contraction
- Adequate preload
 - Ensure adequate LV filling pressure
 - PCWP >20
- Hypertension
 - Myocardial O₂ demand 감소
 - Bleeding risk 감소

Pathophysiology fo AR

- LV volume overload
 - ↑ LV diastolic filling pressure
 - ↑ LVEDV
 - ↑ LV diastolic wall stress
 - LVH, Subendocardial fibrosis
 - LV failure
- Dilated, Hypertrophied LV
- LVEDP, LVEDV 감소
- Post-op vasodilated state

Post-op Mx of AR

- Large amount of fluid therapy
- Maintain sinus rhythm

Pathophysiology of MS

- Chronic elevation in LAP ($>10\sim 12\text{mmHg}$)
- ↓ Flow into LV
- ↓ Cardiac output ;Cardiac cachexia
- LAH, A. fib
- Mural thrombi, Systemic emboli
- Pulmonary congestion ($\text{LAP}>30\text{mmHg}$)
- Pul. Vasoconstriction → ↑ PVR → Pul. HTN
- Intact LV function
- Small LV

Post-op Mx of MS

- Small LV cavity with preserved function
- LV filling pressure ; >20mmHg
 - Ensure adequate cardiac output
 - Large quantity of fluid
- Maintain sinus rhythm
- Hemodynamic support for RV failure is required
- Post-op ventilatory failure

Pathophysiology of MR

- ↑ LAP
 - Intermittent, less thrombogenic, less Pul. HTN
- ↓ Systemic blood flow
- LVH, LVE, LAE, RVE
- Rapid downhill course after Sx. begin

Post-op Mx of MR

- LV dysfunction
 - Greater systolic wall stress required to achieve forward ejection
- Inotropics

Paravalvular leak

- Urine color
- Auscultation
- Labs ; Heptoglobin, Bilirubin, LDH
- TTE, TEE
- Hemodynamic parameters, Kidney function, Anemia, Endocarditis
- Iron, Erythropoietin, β -blocker



A circular graphic in the background features a diagonal line from the top-left to the bottom-right. Inside this line is a smaller circle. The background has a radial gradient from dark blue at the top to light blue at the bottom.

Αρρήγηση

Classification (Rate)

- Bradycardia
- Premature complexes
- Tachycardia

Bradyarrhythmia

- Sinus bradycardia
- AV block
 - 1st degree AV block
 - 2nd degree AV block
 - Mobitz type I(Wenckebach phenomenon)
 - Mobitz type II
 - High grade AV block
 - 3rd degree AV block (Complete AV block)

Premature complexes

- Premature atrial complexes(PACs)
- Premature AV junctional complexes(JPCs)
- Premature Ventricular complexes(PVCs)

Tachyarrhythmia

- Narrow complex tachycardia
 - Sinus tachycardia
 - Atrial tachycardia
 - Paroxysmal atrial tachycardia(PAT)
 - Multifocal atrial tachycardia(MAT)
 - AV junctional tachycardia
 - AVNRT
 - WPW syndrome
 - Atrial fibrillation
 - Atrial flutter

□ Wide complex tachycardia

- SVT
- Accelerated idioventricular rhythm
- VT
- Ventricular fibrillation
- Torsades de pointes

Conduction disturbance

□ 원인

- Hemorrhage, Edema, Suture, Debridement near the AV node and His
- Transseptal approach ; nodal artery, internodal pathway interatrial pathway
- Long CPB time, ACC time,
- Use of cold potassium cardioplegia
- LV function, HTN, CAD

□ 치료

- Catecholamine
- Pacing (Epicardial, Transcutaneous, Transvenous, Permanent)

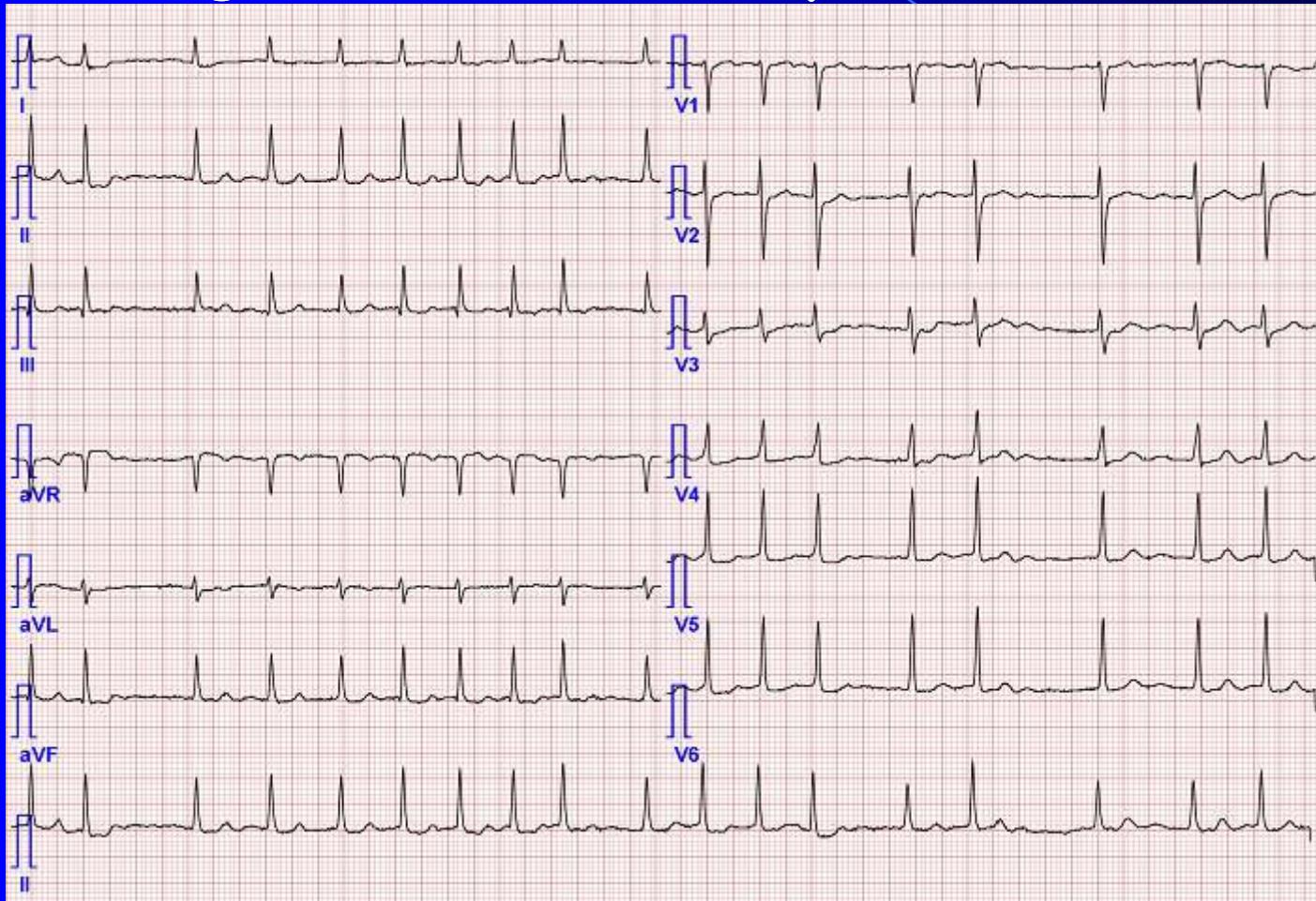
Atrial Fibrillation

- Atrium의 rapid reentry circuit에 존재하는 multiple ectopic pacemaker에 의해 발생하여 atrium이 연속적으로 흔들리는 현상
- Cardiac output 30% 감소
- Thromboembolism의 원인
- 심장수술환자의 약 30%에서 발생

f-wave

Normal QRS

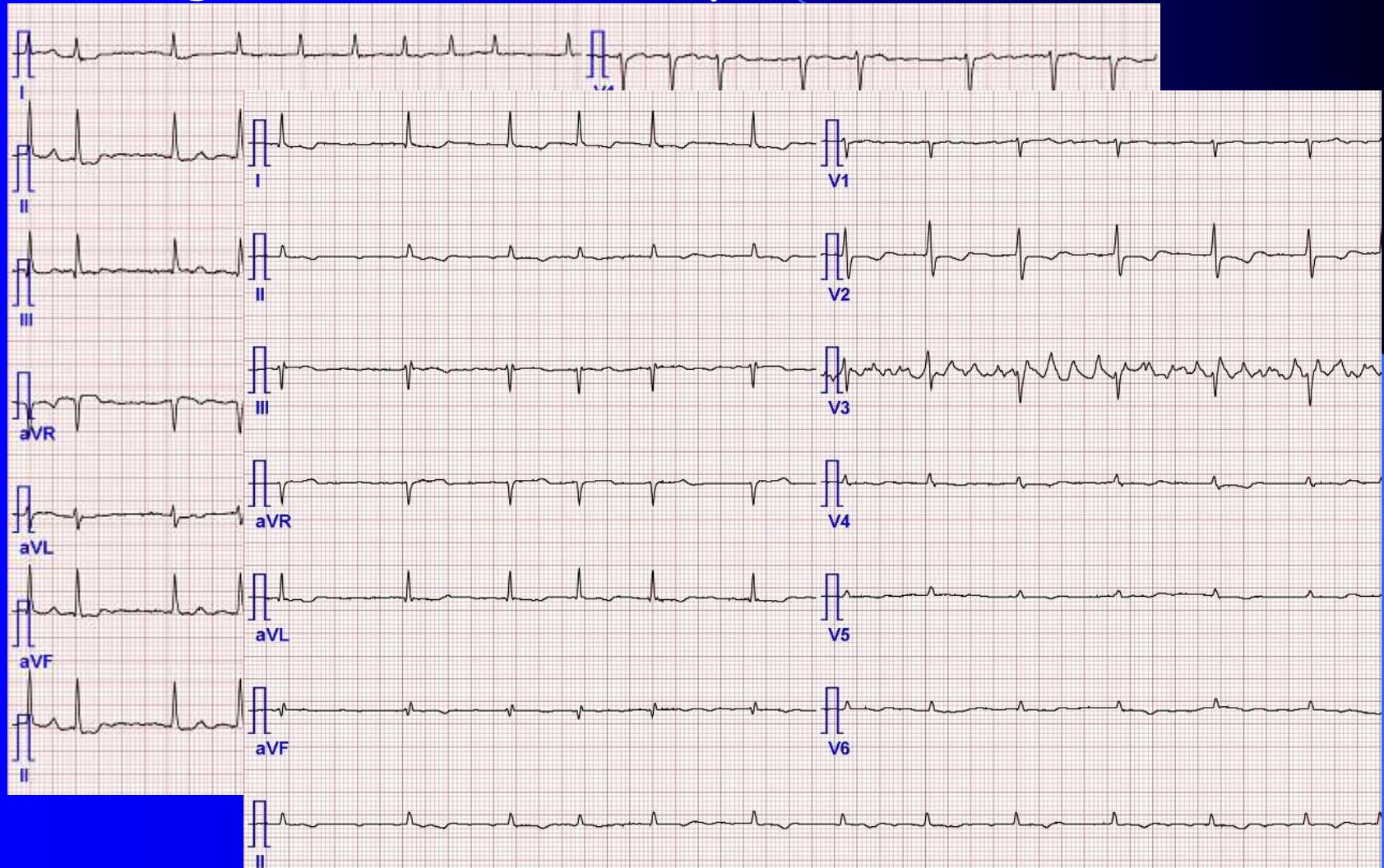
Irregular ventricular response



f-wave

Normal QRS

Irregular ventricular response



Etiology of A.fib

- Atrial ischemia
- Pre-op β-blocker
- Surgical trauma
- Pericarditis, Pericardial effusion
- Electrolyte imbalance
- Atrial distension
- IHD, VHD, Hypertension, Hyperthyroidism, Alcohol

Tx of A.fib

- Goal of Tx
 - Sinus Conversion
 - Decrease HR
- Tx
 - Electrolyte, Volume control
 - Cardioversion(Synchronous)
 - Rapid atrial pacing
 - Amiodarone, Digitalis, Ca-blocker, β -blocker, Quinidine

Prevention of Post-op A.fib

- Effective
 - β -blocker
 - Amiodarone
 - Mg
 - Atrial pacing
- Ineffective
 - DIG
 - Verapamil
 - Procainamide, Quinidine

Type of Pacemaker

□ Single Chamber Pacemaker

- AOO ; Asynchronous atrial pacing
- AAI ; Atrial demand pacing
- VVI ; Ventricular demand pacing

□ Dual Chamber Pacemaker

- DVI ; AV sequential pacing
- DDD

Epicardial Pacing Wire Site

- Ventricular pacemaker
 - RV wall
- Atrial pacemaker
 - RA
- Unipolar
 - Diaphragm, Skin (ground, Positive)

Pacemaker Malfunction

- Failure to capture

- Pacemaker spike 후에 depolarization이 없을 때
 - Generator의 output가 낮은 경우

- Failure to sense

- Pacemaker spike is present when it should not be
 - Sensitivity 조절

- Failure to discharge

Restore Pacemaker Function

- Changing all connections including connecting cord
- Unipolarization
- Increasing the output of the generator
- Using the different pacing wires
- Using the new generator
- Converting to V-pacing if the atrial stimulus fails to produce capture
- Using a chronotropes
- Placing a transvenous pacing wires

Amiodarone

- Originally developed as an anti angina drug
- Possess all 4 class effect
block INa, ICa, IK, and beta block
- Mild negative inotropic effect
- More potent at higher HR

Clinical application

- Recurrent Ventricular arrhythmia

- Chronic

- Post MI → significant survival benefit

- Non ischemic : → no survival benefit

- Acute use IV : VF or VT

- Recurrent paroxysmal A.fib/FL, AVNRT

Dosage and administration

- Oral : 600mg~1600 for 1~ 3wk
800mg for 2~4wk,
600mg for 4~8wk. Total 2~3mth

- IV : Loading 5~10mg/kg over 30min
600mg ~ 1,000mg /day
300mg IV bolus in shock refractory VF

Adverse effect ; Cardiac

- Bradycardia
- Heart block
- Prolongs QT interval ; Proarrhythmic in about 30% Pt.
- Reduces clearance of Warfarin, DIG, Quinidine

Adverse effect ; Non-cardiac

- Pulmonary toxicity with chr. Use
 - Chr interstitial pneumonitis, BOOP, ARDS, SPN
- Hepatic dysfunction
- CNS ; Tremor, ataxia, paresthesia
- Corneal deposit
- GI trouble

(Dizziness, Nausea, Blurred vision, INR↑)

Case

- M/64
- Infective endocarditis, AV
- Cb infarction
- Multiple myeloma
- Sudden cardiac arrest로 CPR후 응급 수술

HR : **94** bpm

R-R : **0.638** sec

P-R : **0.113** sec

QRS : **0.095** sec

QT : **0.397** sec

QTc : **0.498**

AXIS : **53** deg

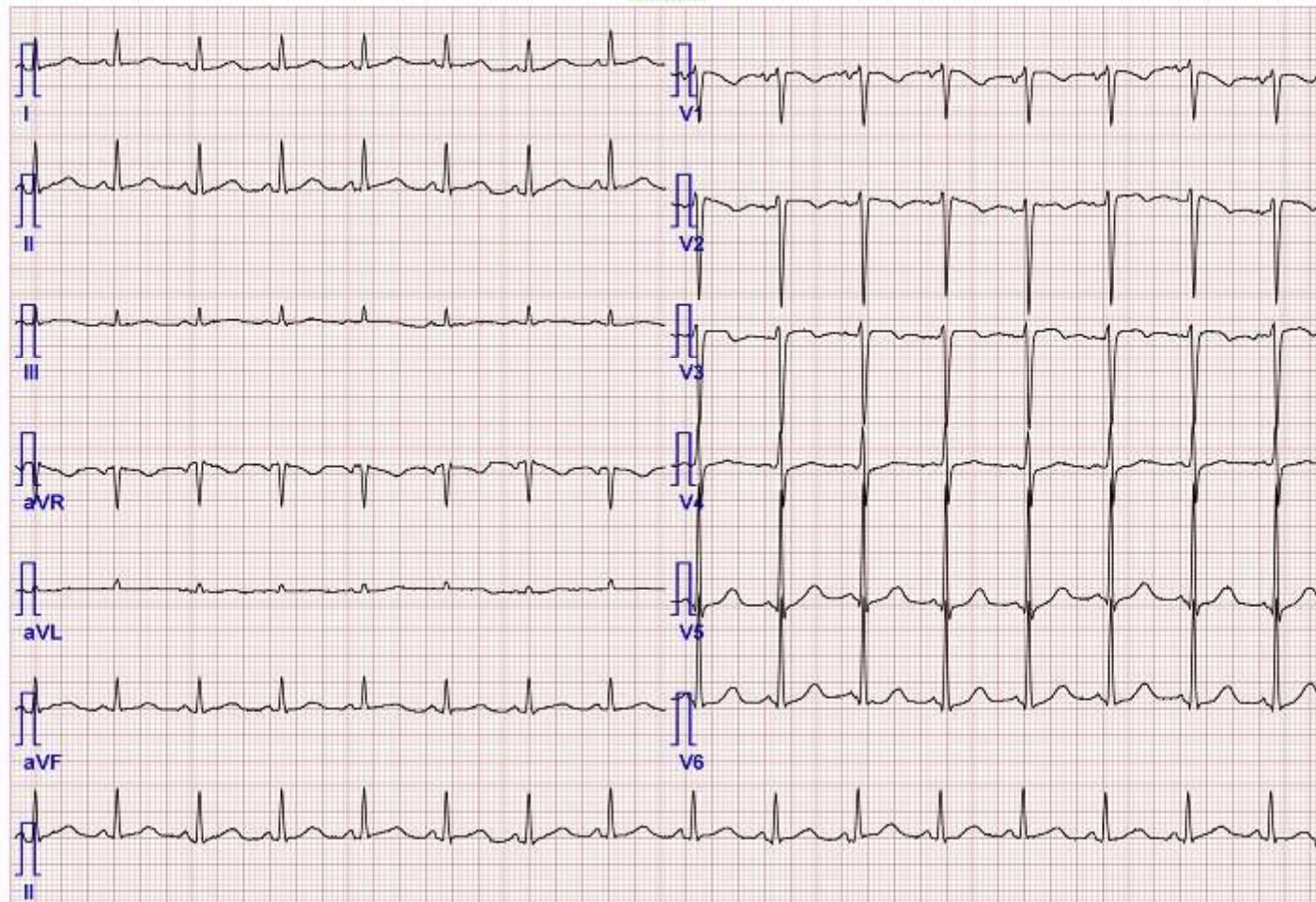
401 Short P-R Interval

141 QT Prolongation

Abnormal

Result:

Abnormal

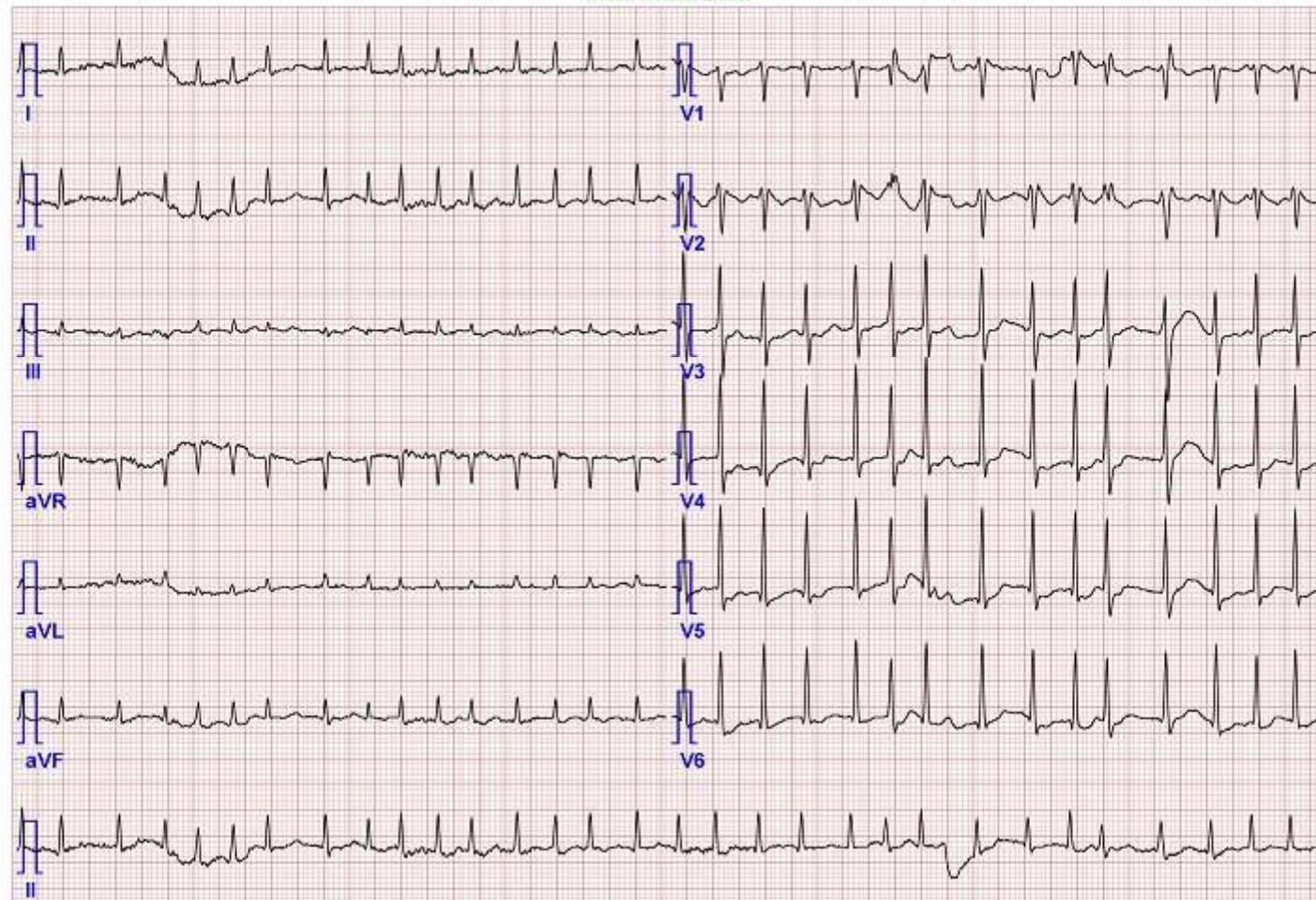


HR : **183 bpm**
R-R : **0.328 sec**
P-R : **0.143 sec**
QRS : **0.086 sec**
QT : **0.249 sec**
QTc : **0.435**
AXIS : **49 deg**

Within Normal Limits

Result:

Within Normal Limits

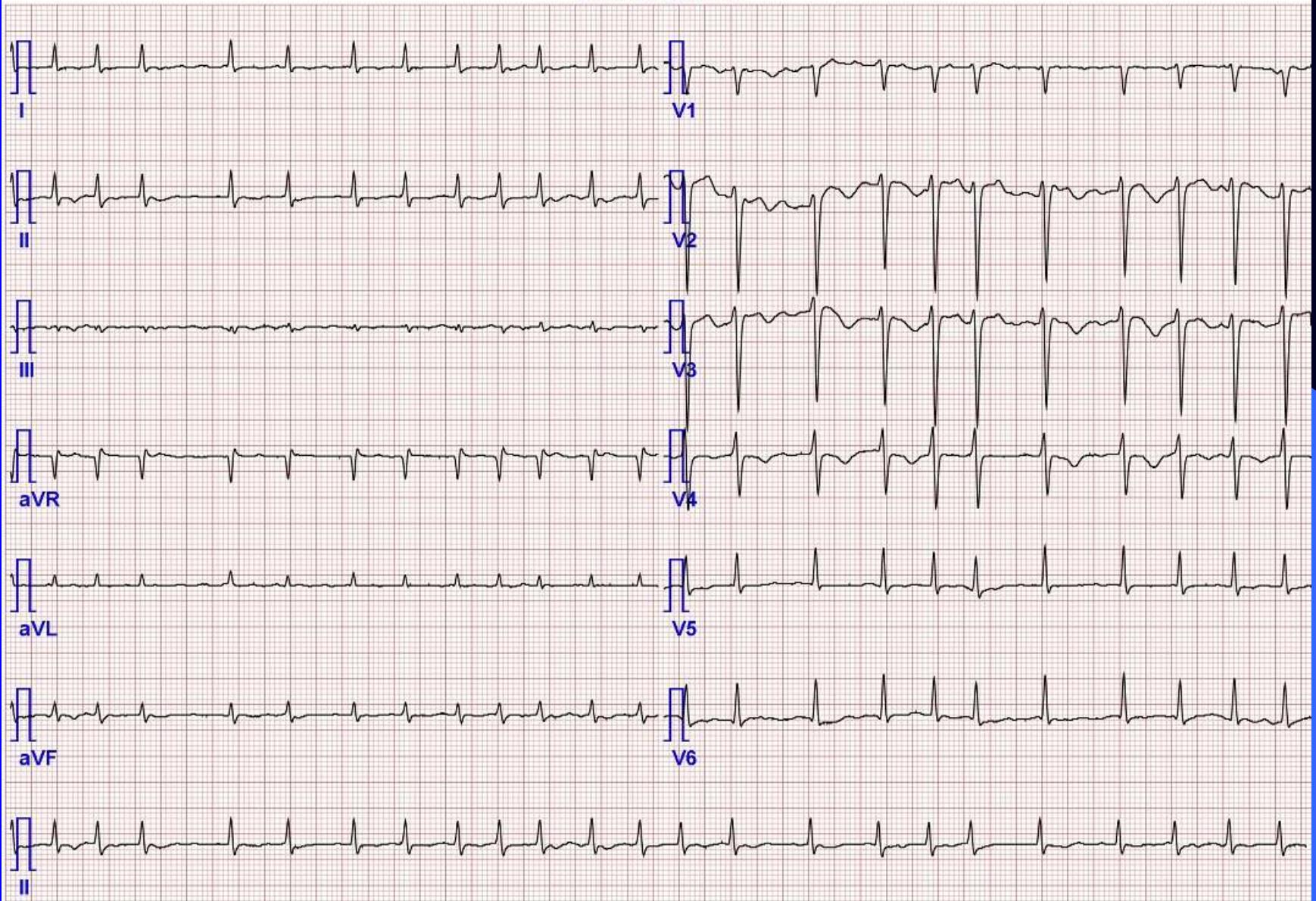


HR : **139 bpm**
R-R : **0.432 sec**
P-R : **0.158 sec**
QRS : **0.097 sec**
QT : **0.309 sec**
QTc : **0.470**
AXIS : **26 deg**

Within Normal Limits

Result:

Within Normal Limits

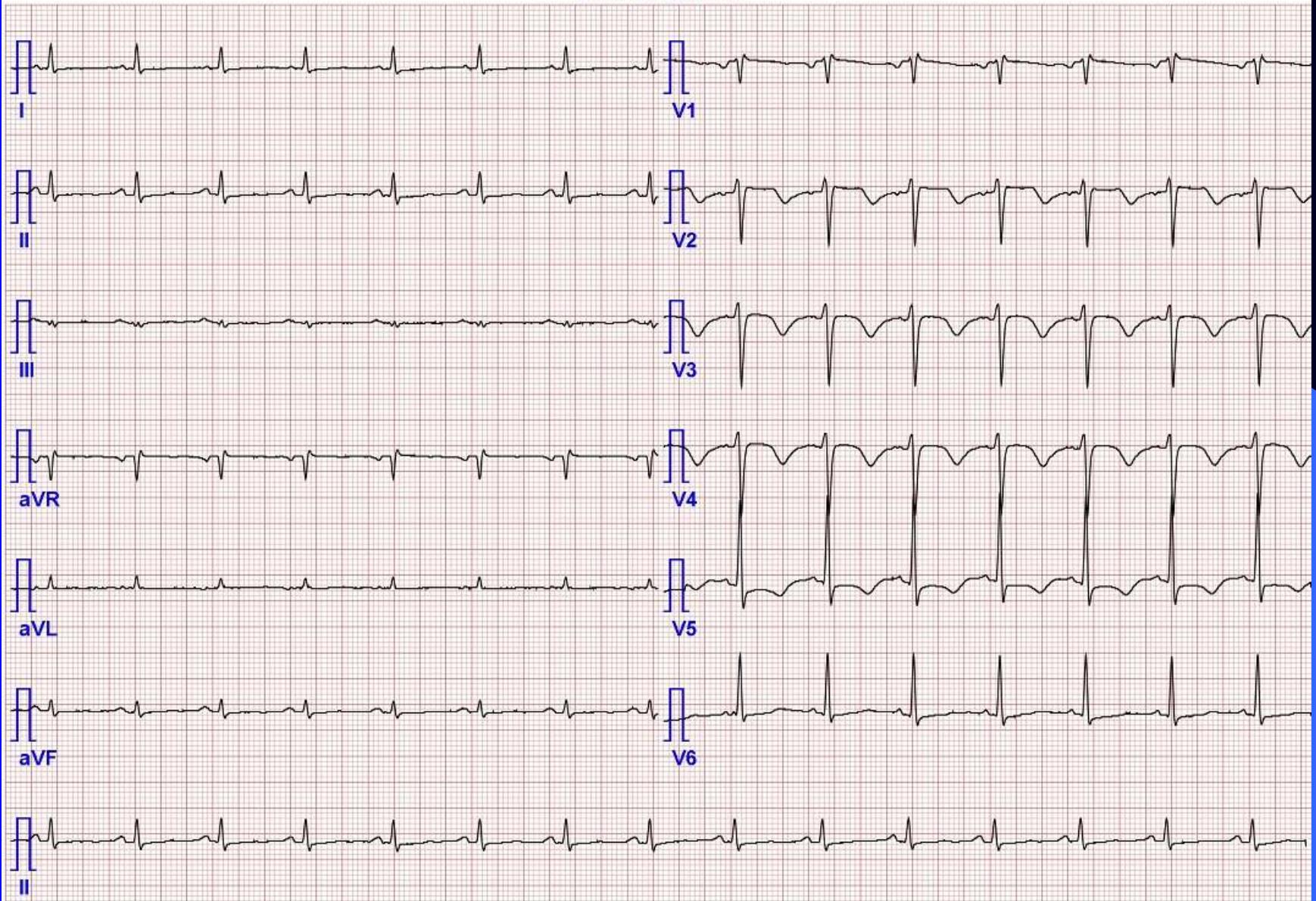


HR : **90 bpm**
R-R : **0.667 sec**
P-R : **0.111 sec**
QRS : **0.099 sec**
QT : **0.365 sec**
QTc : **0.448**
AXIS : **16 deg**

Within Normal Limits

Result:

Within Normal Limits

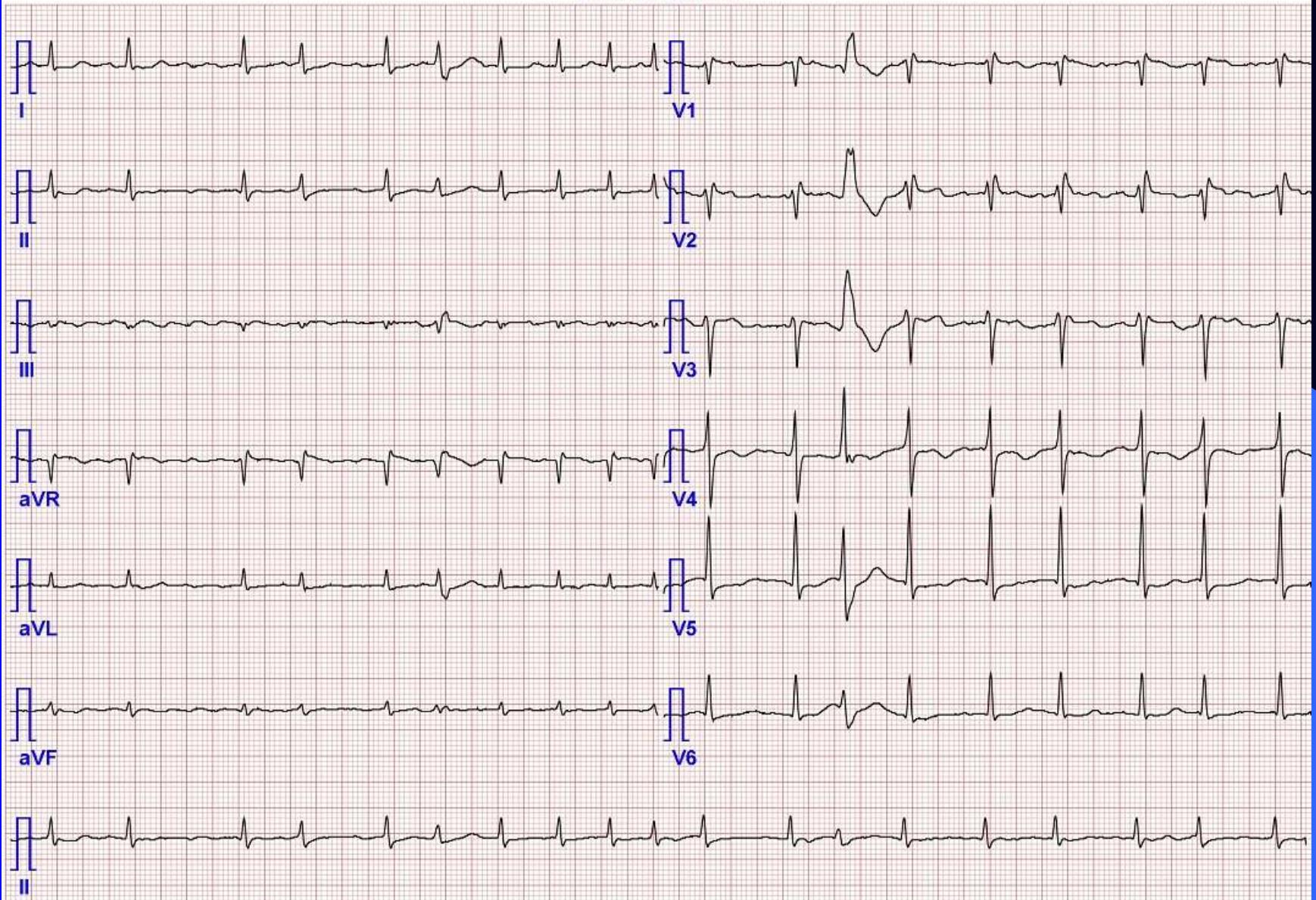


HR : **114** bpm
R-R : **0.526** sec
P-R : **0.025** sec
QRS : **0.092** sec
QT : **0.344** sec
QTc : **0.474**
AXIS : **11** deg

Within Normal Limits

Result:

Within Normal Limits

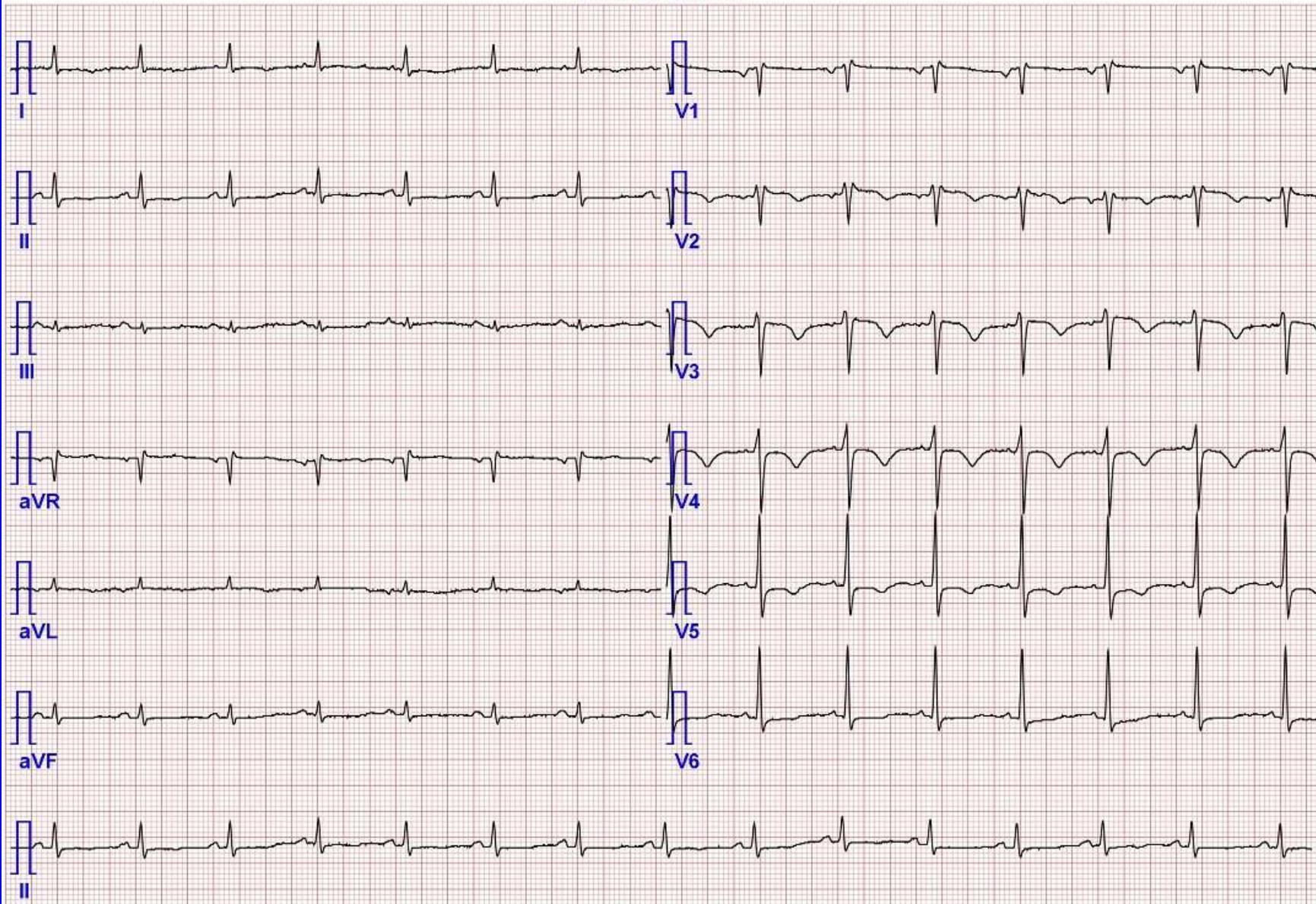


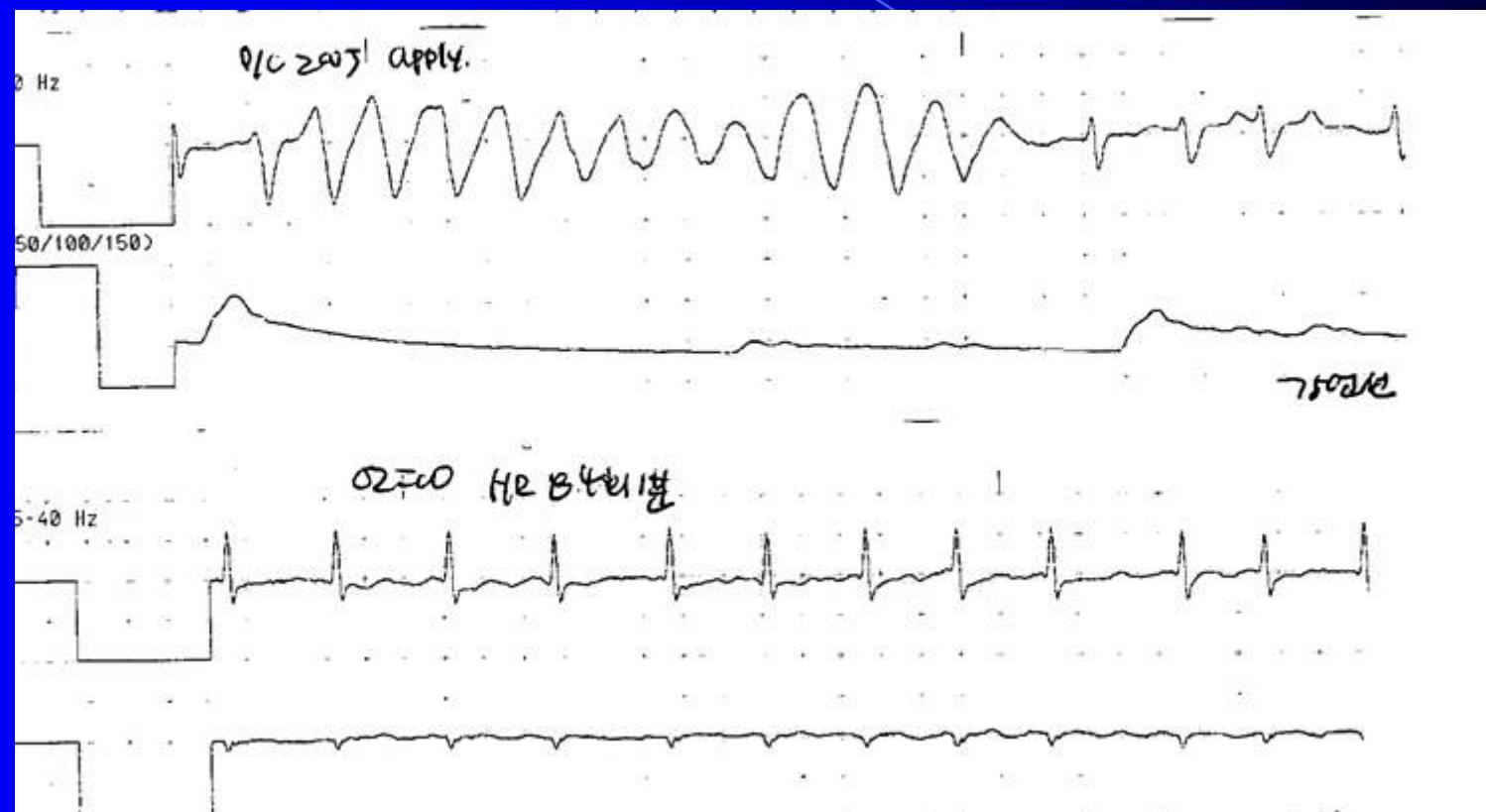
HR : **89** bpm
R-R : **0.674** sec
P-R : **0.127** sec
QRS : **0.101** sec
QT : **0.407** sec
QTc : **0.496**
AXIS : **20** deg

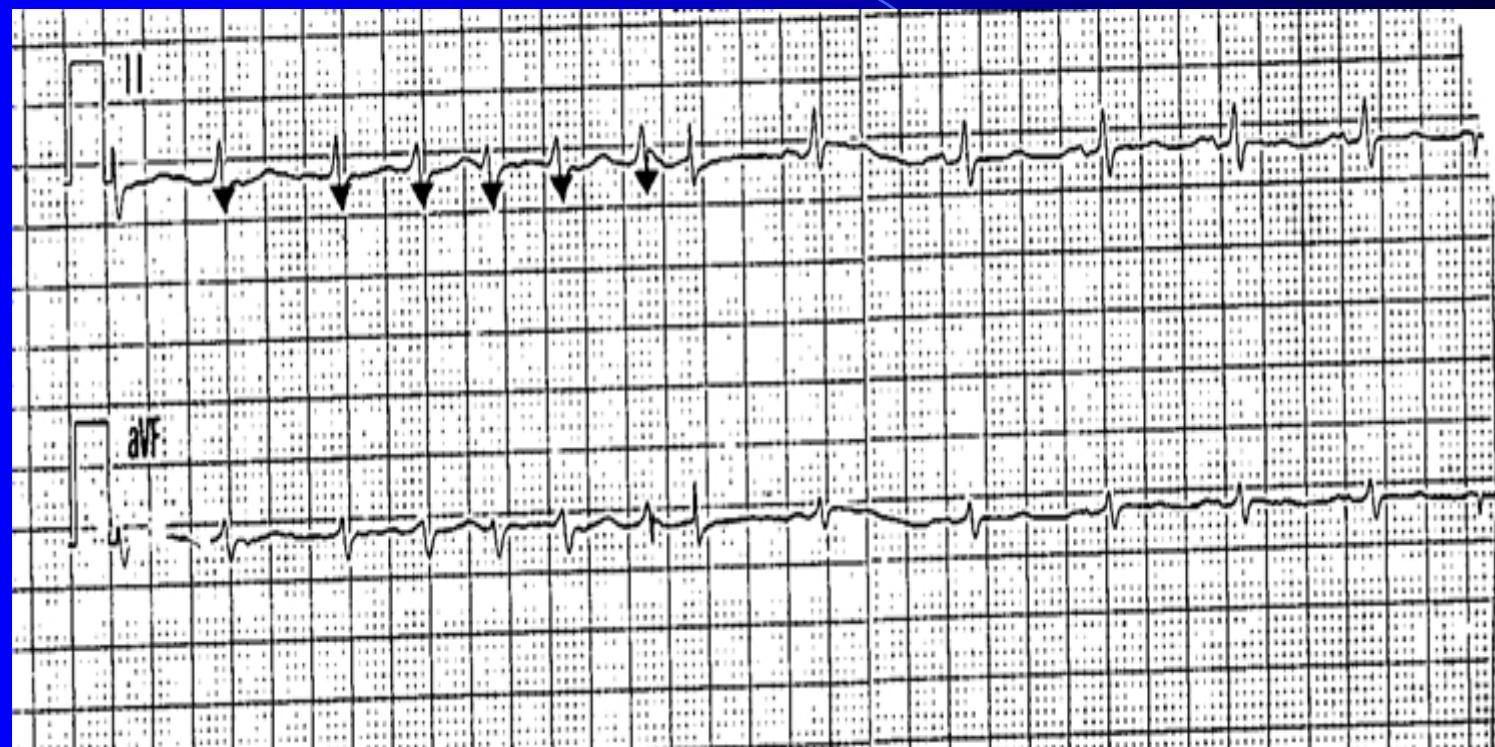
Within Normal Limits

Result:

Within Normal Limits





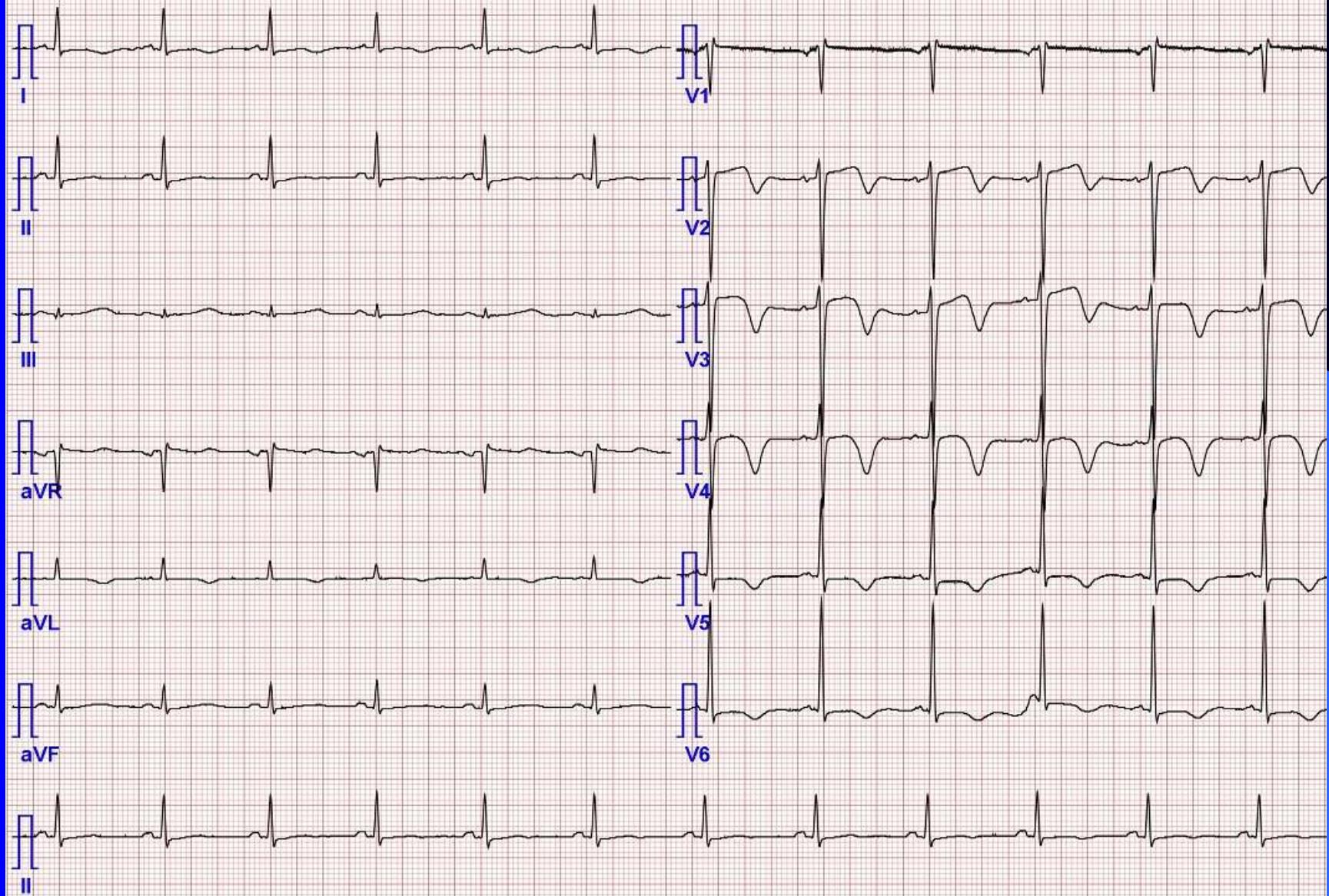


HR : **72** bpm
R-R : **0.833** sec
P-R : **0.130** sec
QRS : **0.092** sec
QT : **0.493** sec
QTc : **0.541**
AXIS : **33** deg

Within Normal Limits

Result:

Within Normal Limits

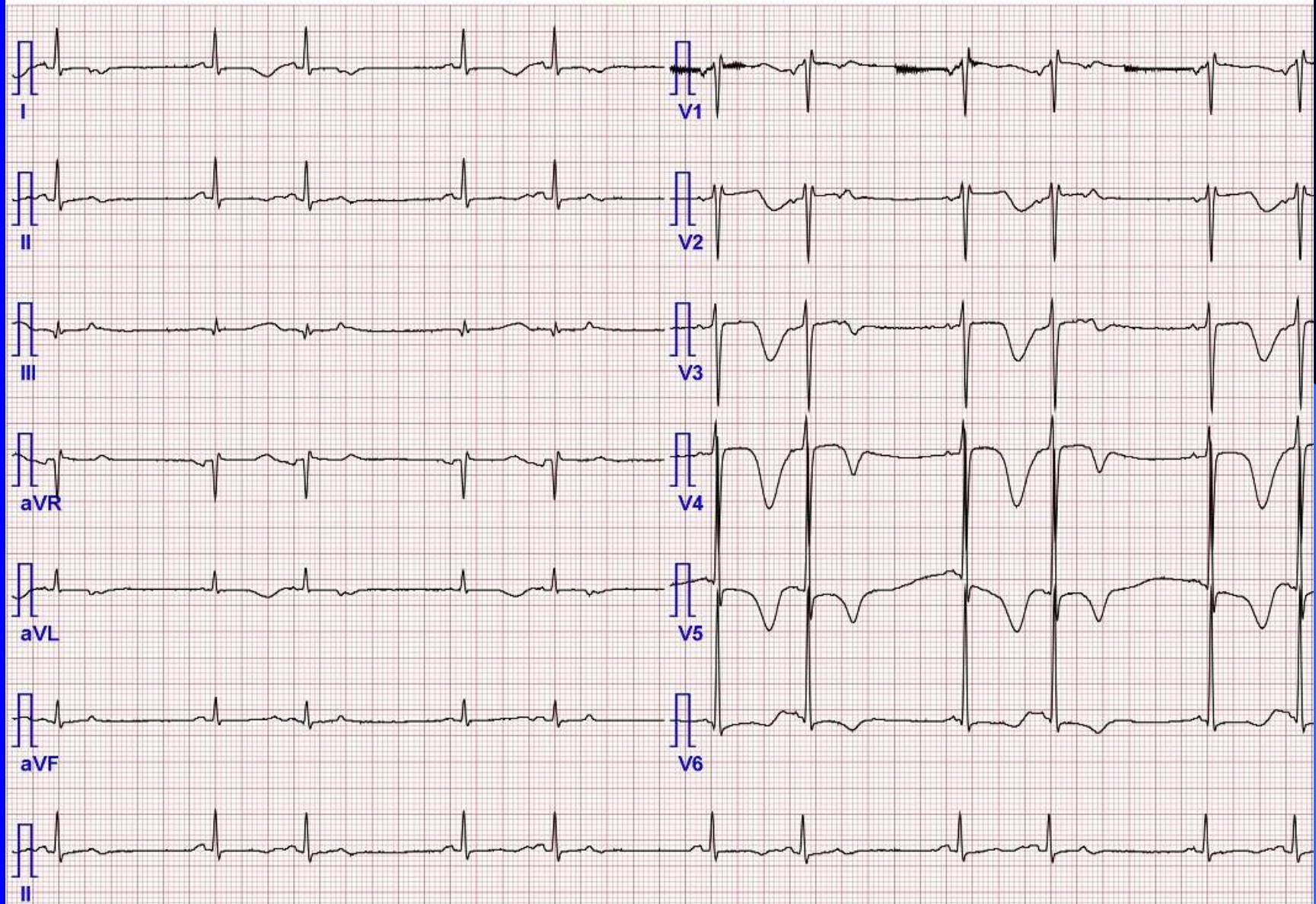


HR : **61** bpm
R-R : **0.984** sec
P-R : **0.086** sec
QRS : **0.097** sec
QT : **0.532** sec
QTc : **0.538**
AXIS : **25** deg

633 ST-T Abnormality
Within Normal Limits

Result:

Within Normal Limits

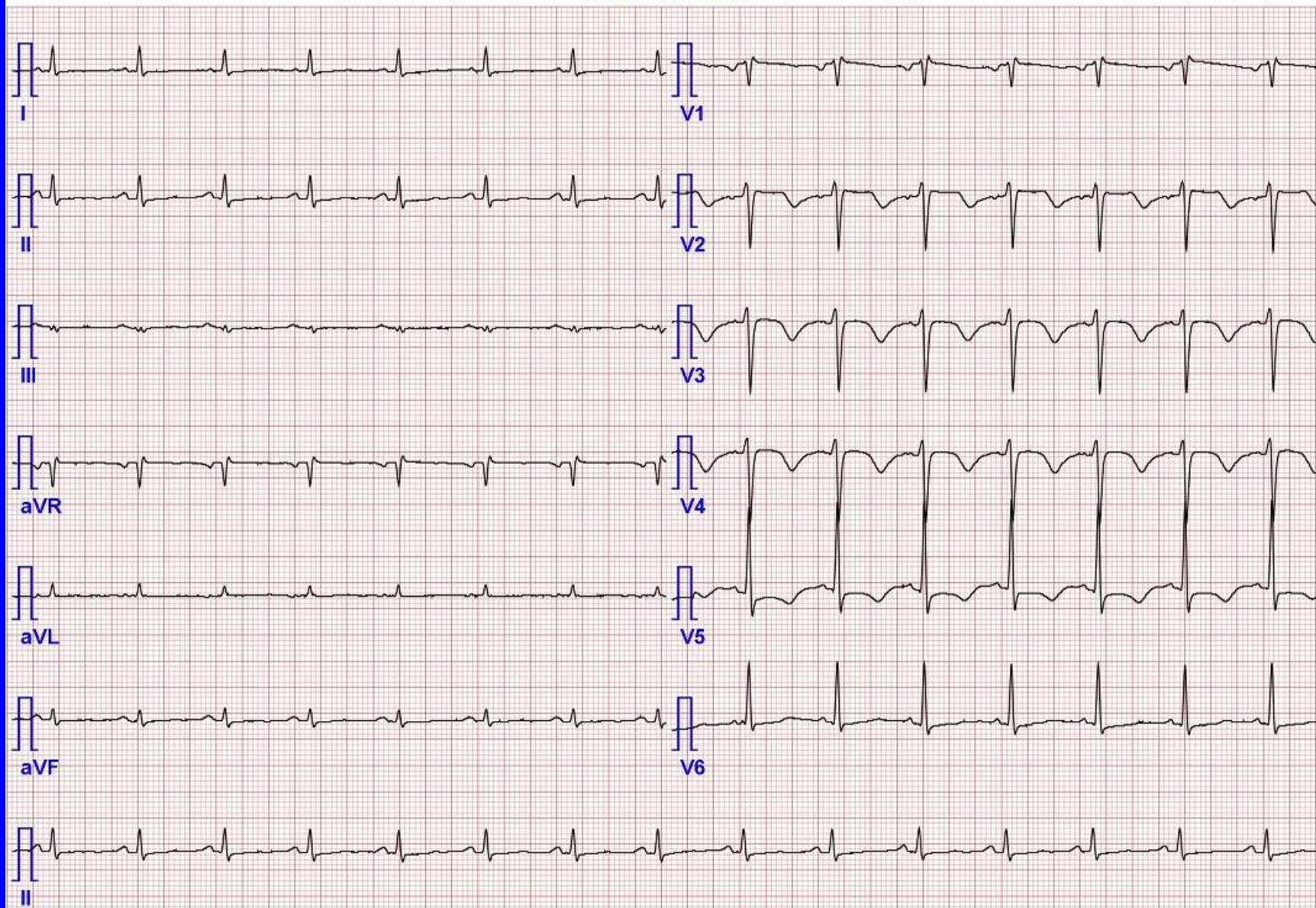


HR : **90** bpm
R-R : **0.667** sec
P-R : **0.111** sec
QRS : **0.099** sec
QT : **0.365** sec
QTc : **0.448**
AXIS : **16** deg

Within Normal Limits

Result:

Within Normal Limits

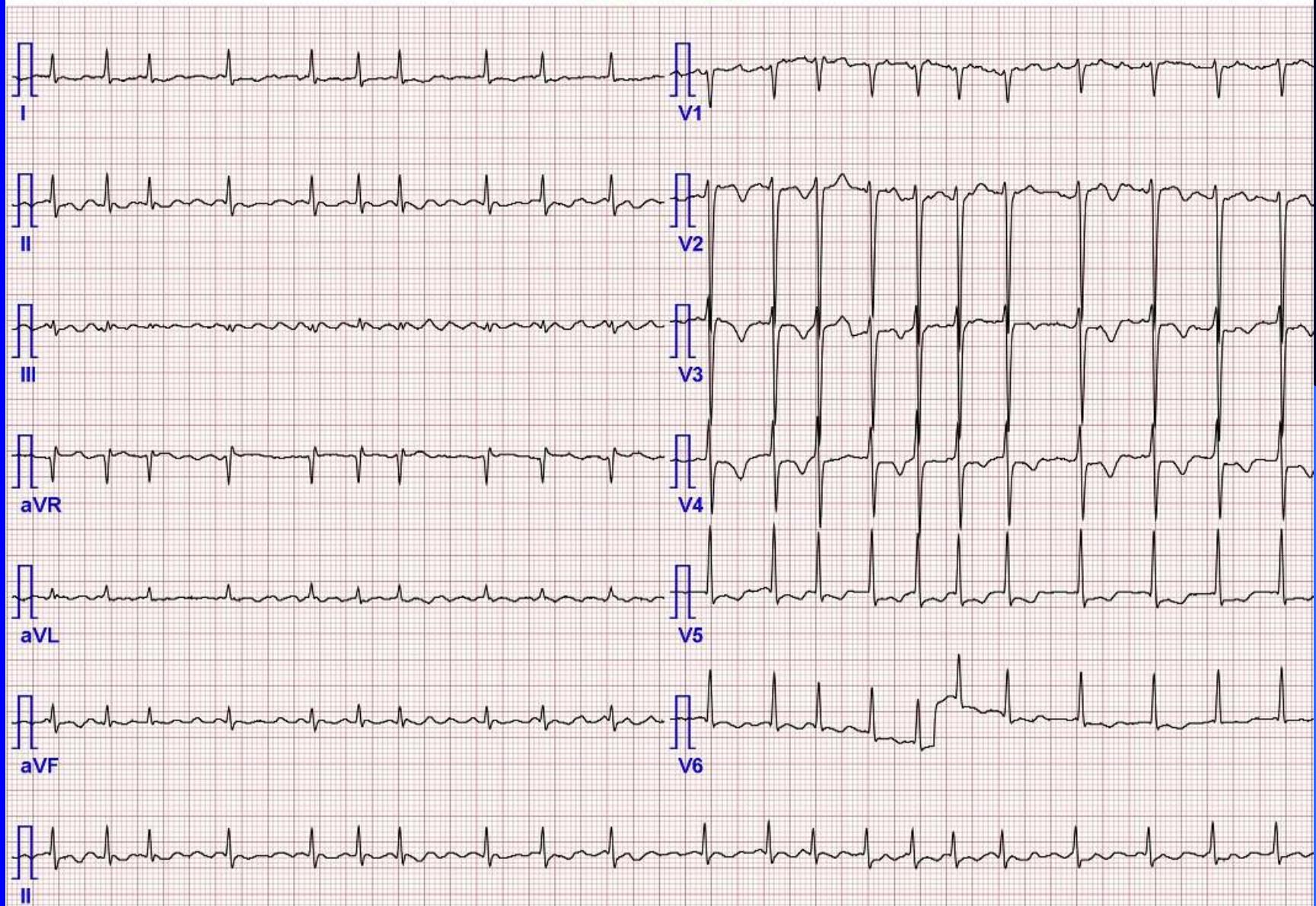


HR : **128** bpm
R-R : **0.469** sec
P-R : **0.113** sec
QRS : **0.078** sec
QT : **0.294** sec
QTc : **0.429**
AXIS : **33** deg

Within Normal Limits

Result:

Within Normal Limits

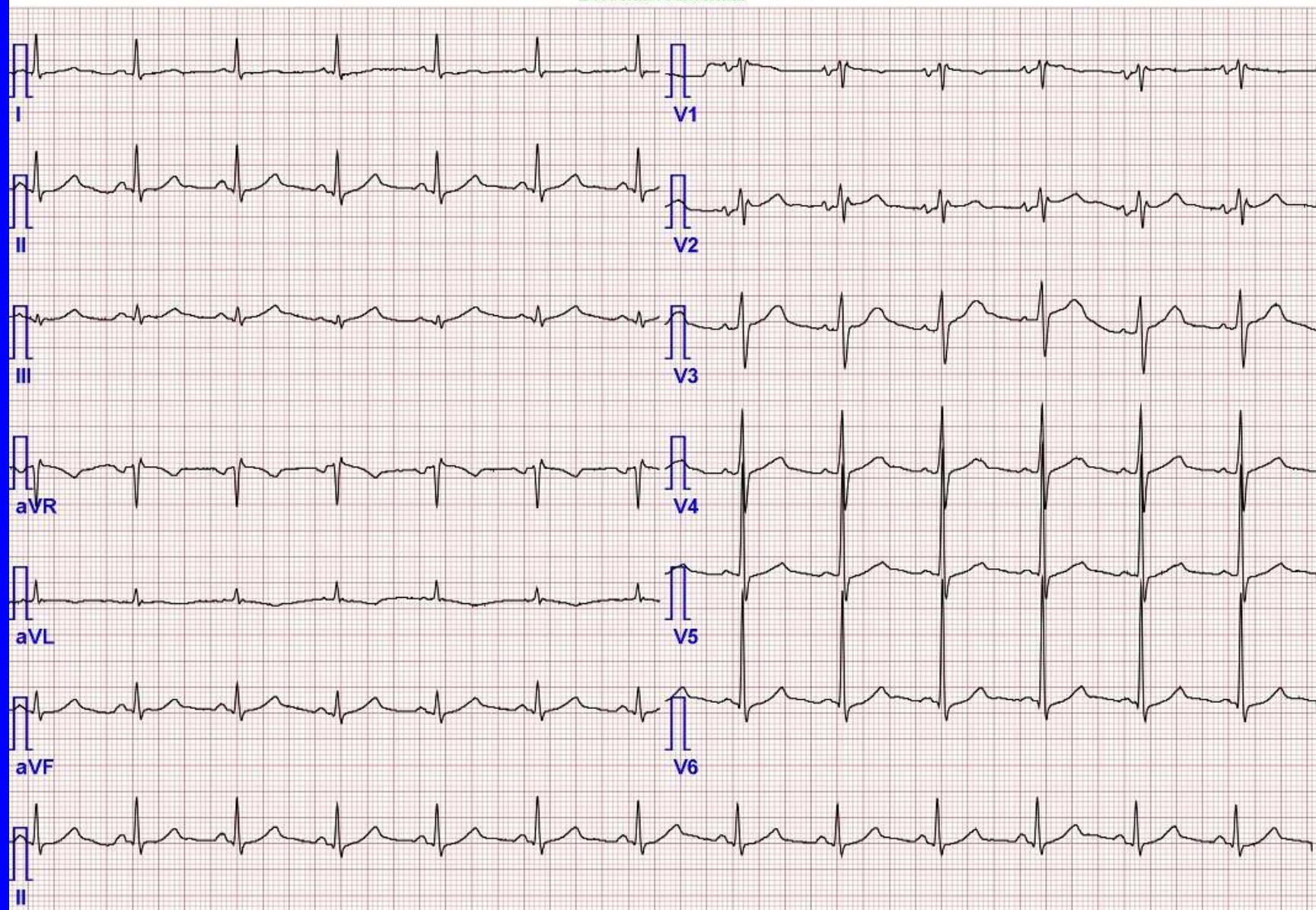


HR : **78 bpm**
R-R : **0.769 sec**
P-R : **0.129 sec**
QRS : **0.109 sec**
QT : **0.403 sec**
QTc : **0.460**
AXIS : **23 deg**

501 IRBBB(Incomplete Right Bundle Branch Block)
143 Slight QT Prolongation
Borderline Abnormal

Result:

Borderline Abnormal



Antithrombotic Tx

ACCP, ACC/AHA guideline

ACC/AHA 2006

Valve Type	Aspirin (75-100 mg)	Warfarin (INR 2.0-3.0)	Warfarin (INR 2.5-3.5)	No Warfarin
Mechanical Prosthetic				
A. AVR – Low Risk				
■ Less than 3 months	Class I	Class I	Class IIa	
■ Greater than 3 months	Class I	Class I		
B. AVR – High Risk		Class I	Class I	
C. MVR	Class I		Class I	
Biological Prosthetic				
A. AVR – Low Risk				
■ Less than 3 months	Class I	Class IIa	Class IIb	
■ Greater than 3 months	Class I		Class IIa	
B. AVR – High Risk		Class I	Class I	
C. MVR – Low Risk				
■ Less than 3 months	Class I	Class IIa		
■ Greater than 3 months	Class I		Class IIa	
D. MVR – High Risk	Class I	Class I		

Risk Factors ;AF. LV dysfunction, Prev TE, Hypercoagulable

ACCP 2008, ACC/AHA 2008

	Warfarin	Antiplatelet Drugs
AVR – tissue	INR 2.0–3.0 for 3 months if risk factors (ACC/AHA)	Aspirin 75–100 mg alone if no risk factors
AVR – mechanical	INR 2.0–3.0 indefinitely	Aspirin 75–100 mg
Mitral valve repair	INR 2.0–3.0 for 3 months (use either warfarin or aspirin)	Aspirin 75–100 mg (use either warfarin or aspirin)
MVR – tissue	INR 2.0–3.0 for 3 months (ACCP) Continue indefinitely if risk factors	Aspirin 75–100 mg with warfarin if risk factors Aspirin 75–100 mg alone if no risk factors (ACC/AHA) Aspirin 75–100 mg after warfarin is stopped
MVR – mechanical	INR 2.5–3.5 indefinitely	Aspirin 75–100 mg
AVR-MVR – tissue	INR 2.0–3.0 for 3 months	Aspirin 325 mg after 3 months
AVR-MVR – mechanical	INR 3.0–4.5 indefinitely	Aspirin 75–100 mg
Atrial fibrillation with any of above	Continue warfarin indefinitely	

Risk factors: hypercoagulable state, history of systemic thromboembolism, ejection fraction <35%, history of anteroapical infarction, atrial fibrillation.

ACCP, American College of Chest Physicians recommendations 2008;⁶⁵ ACC/AHA, American College of Cardiology/American Heart Association recommendations 2008.⁶⁶

Potentiation (increase INR)	Inhibition (decrease INR)	No Effect
Acetaminophen	Azathioprine	Alcohol (if no liver disease)
Alcohol (if liver disease)	Barbiturates	Antacids
Amiodarone	Bosentan	Atenolol
Anabolic steroids	Carbamazepine	Cefazolin
Aspirin	Chlordiazepoxide	Famotidine
Azithromycin	Cholestyramine	Furosemide
Chlral hydrate	Cyclosporine	Ibuprofen
Citalopram	Dicloxacillin	Ketorolac
Clofibrate	Nafcillin	Metoprolol
Diltiazem	Rifampin	Nizatidine
Fenofibrate	Sucralfate	Ranitidine
Floxin-antibiotics		Vancomycin
Fluvastatin		
Gemfibrozil		
Lovastatin		
Metronidazole		
Omeprazole		
Phenytoin		
Propafenone		
Propranolol		
Sertraline		
Simvastatin		
Tramadol		
Foods and herbal supplements		
Fish oils	Avocado	Green tea
Grapefruit	Ginseng	
Mango	Green leafy vegetables	
	Multivitamins with vitamin K	
	Soy milk	

This is partial list of the some of the more commonly used drugs in cardiac surgical patients. (Adapted in part from Ansell et al., Chest 2008;133:160S–198S.)



A blue-toned abstract background featuring a diagonal line and a curved shape.

Bleeding

Etiology

- Surgical bleeding
 - Suture line, Soft tissue, Sternum, LV rupture
- Non-surgical bleeding
 - Thrombocytopenia and PLT dysfunction
 - Residual Heparin
 - Fibrinolysis
 - Coagulation factor depletion
 - Hypothermia
 - Postop HTN

Assessment

- Drain count and tube patency
- Color
- Pattern
- Chest PA
- Echocardiogram
- Hemodynamic parameter

Management

- Chest tube patency 유지
- Warm to normothermia
- Control HBP & Shivering
- PEEP
- Check coagulation status
 - ACT, INR, aPTT, PLT count
- Medical Tx ; Protamine, Calcium, 지혈제
- Blood component
 - FFP, PC, Cryo ppt,
- Surgical Tx

Indication of Re-exploration

- 500cc during 1st hour
- 300cc/hr for 2~3 hour
- 200cc/hr for 4 hours
- Total drainage > 1,500cc
- Sudden increase of drainage
- Cardiac tamponade

Cardiovascular Management

Cardiac Output

- Cardiac output
 - Stroke volume × Heart rate
- Determinant of stroke volume
 - Preload
 - Afterload
 - Myocardial contractility

Rhythm

- Arrhythmia may significantly off-set the generation of optimal cardiac output
- Loss of sinus rhythm may reduce the cardiac output by 10-25%
- Normalization of Heart rate
 - pacing /defibrillation
 - reduction of catecholamines
 - Beta blockers or amiodarone

Preload

- Preload usually pertains to intracardiac volume which directly affects stretch on the cardiac sarcomere
- Monitoring
 - Pulmonary capillary wedge pressure
 - Pulmonary artery diastolic pressure
- Normalization of preload
 - Blood products or volume expanders
 - Blood if Hct < 25%

Afterload

- Refers to LV wall tension during systole
- Determined by the preload and systemic vascular resistance(SVR)
- Affecting stroke volume and myocardial oxygen demand
- Manipulation of afterload alone can improve cardiac output and coronary blood flow

Contractility

- Intrinsic strength of myocardial contraction at constant preload and afterload
- Indicator of contractility
 - Ejection fraction
 - Cardiac output
 - Ventricular wall motion

Tissue Oxygenation

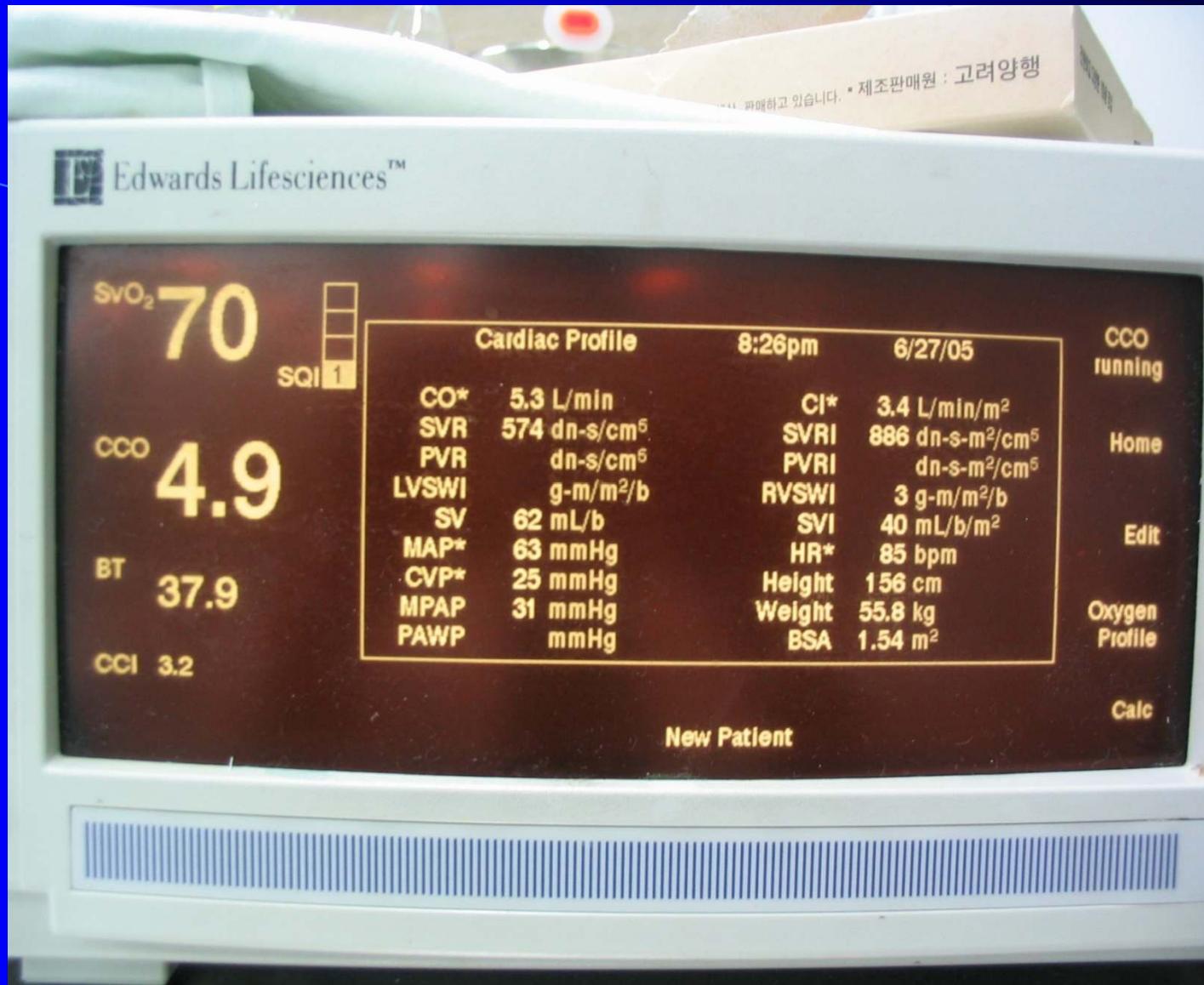
- Oxygen transport to tissues is the basic principles on which hemodynamic support should be based
- Determinants
 - Cardiac output
 - Hemoglobin level
 - Arterial oxygen saturation
- $O_2 \text{ delivery} = CO(Hb \times \% \text{ sat}) \times 1.39 + PaO_2 \times 0.031$

MVO₂ Saturation

- Sensitive method of assessing cardiac output and the adequacy of tissue perfusion and oxygenation
- Decreased SvO_2
 - Decreased systemic oxygen delivery
 - Decreased cardiac output
 - Anemia
 - Hypoxia
- When thermodilution CO is unreliable

Aim of PA cath

- Measure PA pressure
- Measure PCWP (LAP, Preload)
- Measure Cardiac output
- Calculate SVR, PVR(간접, Afterload)
- Measure CVP
- Mixed venous oxygen saturation



Low Cardiac Output

- $CI < 2.2 \text{L/min/m}^2$
- Tachyarrhythmia or Bradyarrhythmia
- $SVR > 1500 \text{ dyne-sec/cm}^5$

Low Cardiac Output -Etiology

1. Decreased ventricular preload

- Hypovolemia(Bleeding, Vasodilation...)
- Cardiac tamponade
- PEEP
- RV dysfunction
- Tension pneumothorax

2. Arrhythmia

- Tachycardia with reduced cardiac filling time
- Bradycardia
- Atrial arrhythmia with loss of atrial contraction
- AV dissociation

Low Cardiac Output -Etiology

3. Decreased Contractility

- Low ejection fraction
- Myocardial ischemia
- Hypoxia, Hypercarbia, Acidosis

4. Increased Afterload

- Vasoconstriction
- Fluid overload

5. Syndrome associated with CV instability

- Sepsis(SVR 감소, Myocardial depression)
- Anaphylactic reaction(Drug, Blood)
- Protamine reaction

Low Cardiac Output -Assessment

- Urine output
- 말초체온저하
- Chest X-ray
- EKG
- ABGA ; metabolic acidosis
- Measure C.O., SvO_2 , Calculate SVR

Mechanical Circulatory Support

- IABP
- Direct Circulatory support
 - ECMO
(Extracorporeal membrane oxygenation)
 - VAD(Ventricular Assist Devices)
 - LVAD, RVAD, BiVAD
 - Temporary Pulsatile Pumps
- Mechanical Ventricular Compression
- Artificial Heart

Pharmacologic Circulatory Support

Adrenergic receptor

- α stimulation
 - \uparrow SVR, PVR
- Cardiac α -1 stimulation
 - \uparrow Contractility, \downarrow Heart rate
- β -1 stimulation
 - \uparrow Contractility, Heart rate, conduction
- β -2 stimulation
 - Peripheral vasodilatation, Bronchodilatation

Dopamine

- Low dose

- Balanced α, β effect
 - Increase renal flow

- High dose

- Predominant α effect
 - Release of NE
 - Contractility 증가, SVR 증가

- 2 ~ 20 ug/kg/min

Dobutamine

- Nonselective β agonist
- Augmentation of cardiac output (CO)
- Reduction of afterload (SVR)
- 2 ~ 20 ug/kg/min

Epinephrine

- Low dose

- β -1, β -2 effect
- Increase HR, Contractility
- Decrease SVR

- High dose

- α , β -1 effect
- Peripheral vasoconstriction

- 0.02 ~ 0.2 ug/kg/min

Norephrine(Levodopa)

- Predominant α effect ; SVR상승
- β -1 effect ; contractility증가
- 0.02 ~ 0.2 ug/kg/min

Hemodynamic Effects of Vasoactive Medications

Medication	SVR	HR	PCW	CI	MAP	MvO ₂
Dopamine	↓↑	↑↑↑	↓↑	↑	↓↑	↑
Dobutamine	↓	↑↑↑	↓	↑	↓↔↑	↑↔
Epinephrine	↓↑	↑↑	↓↑	↑	↑	↑
Milrinone/ Inamrinone	↓↓	↑	↓	↑	↓	↓↑
Isoproterenol	↓↓	↑↑↑↑	↓	↑	↓↑	↑↑
Calcium chloride	↑	↔	↑	↑	↑↑	↑
Norepinephrine	↑↑	↑↑	↑↑	↑	↑↑↑	↑
Phenylephrine	↑↑	↔	↑	↔	↑↑	↔↑
Vasopressin	↑↑	↔	↑	↔	↑↑↑	↔↑
Nesiritide	↓	↔	↓↓	↑*	↓	↓↓

Robert M. Bojar, Manual of periop care in adult cardiac surg

Management of Hemodynamic Problems

Table 7.2 Management of Hemodynamic Problems

BP	PCWP	CO	SVR	Plan
↓	↓	↓	↔	Volume
N	↑	N	↔	Diuretic or venodilator
↓	↑	↓	↔	Inotrope
↑	↑	↓	↑	Vasodilator
↓	↑	↓	↑	Inotrope/vasodilator/IABP
↓	N	N	↓	α-agent

↑ = increased
↓ = decreased

N = normal

↔ = variable

Hypertension

-Etiology

- Vasoconstriction from hypothermia
- Fever, Anxiety, Pain, Consciousness
- Hypoxia, Hypercapnia, Acidosis
- Hyperdynamic LV syndrome
 - AVR, CABG with normal LV
- Pharyngeal manipulation
- Severe acute hypoglycemia
- Altered baroreceptor function

Hypertension

-Treatment

- Ensure satisfactory oxygenation
- Intropic support if C.O is marginal
- Sedation
- Control shivering
- Use of vasodilator Medication

Hypertension

- Medications

Medication	Mix	Dosage Range
Nitroprusside	50 mg/250 mL	0.1–10 µg/kg/min
Nitroglycerin	50 mg/250 mL	0.1–10 µg/kg/min
Calcium-channel blockers		
Nicardipine	50 mg/250 mL	2.5 mg over 5 min; repeat × 4 at 10 min intervals, then 2–4 mg/h
Isradipine	20 mg/250 mL	0.3–0.6 µg/kg/min
Nifedipine	15 mg/250 mL	0.3–1 µg/kg/min
Diltiazem	250 mg/250 mL	0.25 mg/kg over 2 min, then 0.35 mg/kg over 2 min, then 5–15 mg/h
Verapamil	120 mg/250 mL	0.1 mg/kg bolus over 2 min, then 2–5 µg/kg/min
β-blockers		
Esmolol	2.5 g/250 mL	0.25–0.5 mg/kg/min bolus, then 50–200 µg/kg/min
Labetalol	200 mg/200 mL	1–4 mg/min
Trimethaphan	500 mg/500 mL	0.5–4 mg/min
Prostaglandin E ₁	5 mg/250 mL	0.03–0.2 µg/kg/min