Complications after esophageal surgery

- pulmonary complications
- conduit-related complication
 - anastomotic leak
 - anastomotic stricture
 - conduit ischemia
 - functional conduit disorders
- recurrent laryngeal nerve injury
- chylothorax
- diaphragm hernia
- cardiovascular complication

Complications after esophageal surgery

- patients performance, medical illness, neoadjuvant therapy
- esophagectomy approach, radicality, lymphadenectomy
- reconstruction conduit, anastomosis, route
- surgeon experience, hospital volume



Pulmonary complication

- most important contributor to morbidity and mortality
- Complication
 - Aspiration pneumonia
 - pneumonitis
 - acute lung injury or ARDS
 - pulmonary sepsis with multiple organ-system failure



Pulmonary complication

Contributing factors

 preoperative status
 age, nutrition, induction therapy, baseline PFT, alcohol, smoking history, poor performance status

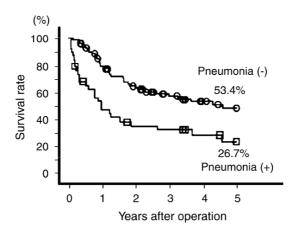
 intraoperative details
 stage/location of tumor, surgical approach, estimated blood loss, length of surgical procedure, disruption of bronchial innervation, lymphatic circulation

postoperative details
 pulmonary toilet, vocal-cord paralysis or RLN palsy postoperative
 respiratory muscle dysfunction

Pulmonary complication

Study	Number in study	Overall mortality (%)	Pulmonary complications (%)	Deaths with pulmonary complications (%)	Associated factors
Atkins et al	379	5.8	28.5	88%	Age, abnormal swallowing scores
Bailey et al	1777	9.8	21.8	Not determined	Not determined
Kinugasa et al	118	6.8	50	88	Age, smoking, COPD, blood transfusion, prolonged operation, RLN palsy
Dumont et al	309	9	18.1	64	Proximal tumor location
Tandon et al	168	17	44	71	Smoking, low BMI, anastomotic leak
Avendano et al	61	8.6	32.8	100	FEV ₁ < 65% predicted
Ferguson & Durkin	292	13.7	26.7	62.5	Age, poor performance status, FEV ₁
Law et al	421	4.8	15.9	55	Age, proximal tumor location, prolonged operation
Griffin et al	228	4	17	Not determined	Age, smoking, abnormal FEV ₁ /FVC
Sauvanet et al	1192	6	23	22.4	ASA score ≥3; age > 60 years; anastomotic leak

Pulmonary complication



Strategy to reduce pulmonary complication

- intraoperative techniques
 preservation of RLN, lessening the operative time
 reduction of blood loss, minimize perioperative fluid administration
- cardiopulmonary rehabilitation
 including pulmonary toilet, pain control with epidural analgesia
- evaluation of swallowing disordersVFSS, FEESST
- Vocal cord medialization after RLN injury

Conduit-related complication

- anastomotic leak
- anastomotic stricture
- conduit ischemia
- functional conduit disorders



- Incidence of leakage
 - Intrathoracic anastomosis; 0-7% (<2%)
 - Cervical anastomosis; 8-15%
- Contributing factor
 - Anastomotic technique
 hand-sewn vs stapling, single vs two layer, running vs interrupt suture
 - Induction therapy
 - Other factors slim gastric tube, excessive dissection of proximal esophagus twisting of conduit, Substrernal route, malnutrition, blood loss

Manangement of anastomotic leakage

fulminant leaks

- immediate surgical intervention, broad spectrum antibiotics
- · cervical esophagostomy, gastrostomy
- retrosternal colon interposition later

cervical leaks

- often require no operative intervention for small leaks
- open evacuation / direct closure for larger leaks

intrathoracic leaks

- open drainage
- often direct repair of the leak will be possible
- buttressed with a vascularized tissue flap of transposed muscle, omentum, or pericardial fat
- covered stent for contained leak

Anastomotic stricture

• Incidence of leakage:

- varies from 0% to 63%
- Most anastomotic strictures present in the first 2 to 6 months after esophagectomy

Contributing factor

Anastomotic size and technique

hand-sewn vs stapling, two layer, cervical, 25mm or less stapler, running vs interrupt

- Anastomotic leaks
- Ischemia

The proximal 20% of the gastric conduit receives its blood supply through submucosal and mucosal vascular networks.

Other factors

cardiac disease, supra-anastomotic esophagitis, delayed gastric emptying, use of neoadjuvant chemoradiotherapy

Manangement of anastomotic stricture

Dilation

- Balloon dilation
 An average of two to five dilations are required
- Endoscopic stricturotomy
- bougienage



Conduit necrosis

Stomach conduit results

Series	# Patients	Deaths (%)	Leak (%)	Ischemia (%) ^a
Orringer	1085	4	13	2.6
Peracchia	242	0.8	5.8	1.2
Davis	959	10.6	3.9	0.5
Schuchert	222	1.4	n.s.	3.2
Briel	230	3.5	14.3	10.4
Moorehead and Wong	760	3.8	n.s.	1.0

Conduit necrosis

Risk factors

- improper technique in the creation
- handling of the stomach tube
- · external beam irradiation,
- low perioperative cardiac output
- postoperative hypotension
- previous upper abdominal surgery
- underlying gastric ulcer disease
- twisting the stomach conduit as it passes up into the mediastinum
- a tight, restrictive hiatus

Treatment

take-down of the gastric pull-up, resection of the necrotic bowel, cervical esophageal diversion, and placement of a feeding jejunostomy

Functional conduit disorders

disorders

- Dumping
- Delayed gastric emptying
- Reflux
- Dysphagia

Long-term digestive function after esophagectomy for cancer and Barrett's metaplasia with high-grade dysplasia

	Resection for Cancer	Resection for High-grade Dysplasia
Number of patients	107	48
Asymptomatic	16%	13%
Dumping	50%	15%
Reflux	60%	68%
Dysphagia	46%	37.5%
Postoperative dilation	43%	51%
Small meals	37%	N/R
Inability to gain weight	25%	65%

Functional conduit disorders

Prevention

- 5-cm-wide greater-curvature gastric tube brought up
- through the posterior mediastinum
- higher than the level of the azygous vein
- drainage procedures, especially when using the whole stomach
- early erythromycin therapy
- proton-pump inhibitors
- Simple sugars and fluid at mealtime should be avoided

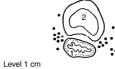
RLN injury

Consequences

- transhiatal esophagectomy
- cervical anastomosis
- three-field LND

Assessment

- Voice
- Swallowing
- Laryngeal injury





Level 4 cm

Management of RLN injury

- Laryngoplastic phonosurgery
- Adduction arytenopexy
- PTFE as a medialization implant
- Cricothyroid subluxation
- Injection medialization

